And A ſhort Plat

GODLIE

Garden: out of the

which moſt cõfortable

hearbs may be gatherced for

the health of the woun-

ded conſcience of all pen-

tent ſinners.

COLLOSS. 4.

Reioyce alwaye, pray continually

in all things be thankefull: for

this is the will of GOD in

Chriſt Ieſu toward us.

Peruſed and allowed.

AT LONDON

Printed by R. Bradock. 1604.

And A shut Sai

GODLIE

Garden: out of the

which most cõfortable herbs may be gathered for the health of the wounded conscience of all penitent sinners.

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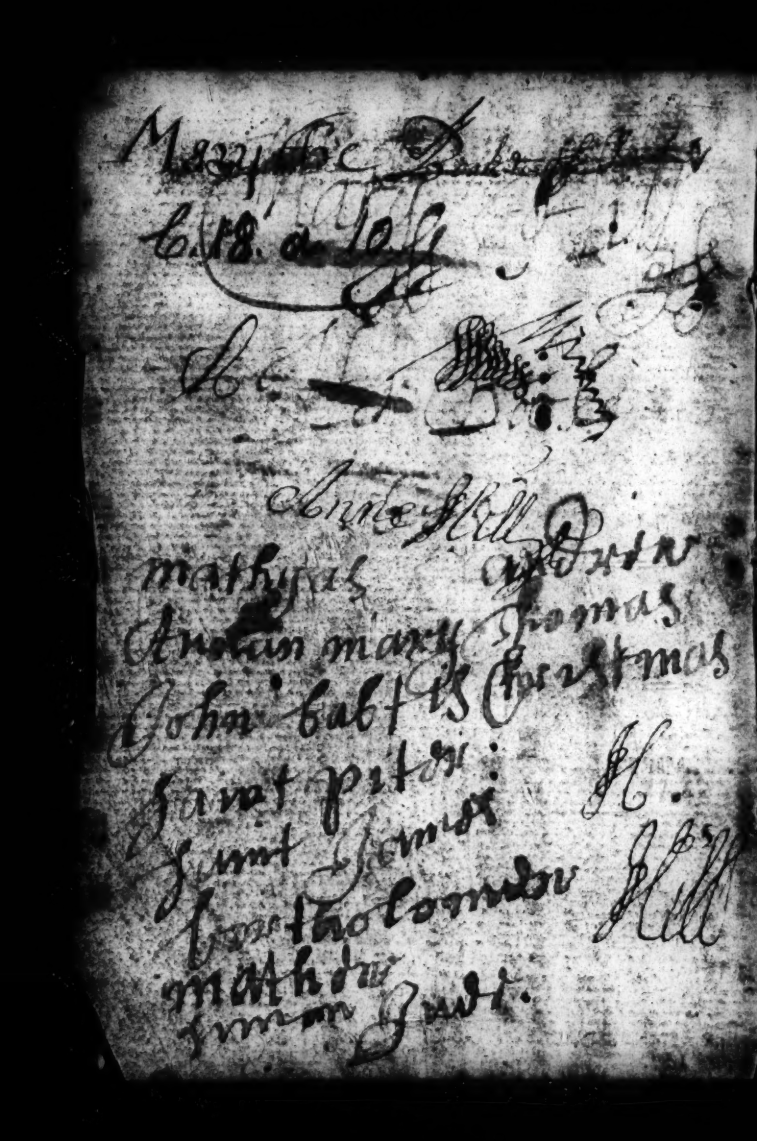
Perused and allowed.

AT LONDON
Printed by R. Bradock. 1604.

Richard
Hill
His Book
1704



And A short and

GODLIE

Garden: out of the

which most cõfortable

hearbs may be gathered for

the health of the wounded consciences of all penitent sinners.

COLLOSS. 4.

Reioyce alwaye, pray continually, in all things be thankefull: for this is the will of GOD in Christ Iesu toward us.

Perused and allowed.

AT LONDON

Printed by R. Bradock. 1604.

BRITISH MUSEUM

Ianuarie hath xxxi. daies.
The Moone xxx.

The day hath ix. houres.
The night hath xv. houres.

1	A	New yeares day.
2	b	Octa. of Stephan.
3	c	Octa. of Iohn.
4	d	Octa. of Innocents.
5	e	Titus Paulus bishop.
6	f	Twelfth day.
7	g	Tran. William.
8	A	Felix and Jan.
9	b	Lucian.
10	c	Paul first Heremite.
11	d	Ignatius martyr.
12	e	Archabe martyr.
13	f	Hilarie martyr.
14	g	Felix priest.
15	A	Iliooze martyr.
16	b	Maurice.
17	c	Depo. of Anthony.
18	d	Prise martyr.
19	e	Moiran bishop.

20	f	Fabian and Sebast.
21	g	Agnes virgin.
22	A	Vincent martyr.
23	b	Emerite.
24	c	Timothy disciple.
25	d	Conuersion of Paul.
26	e	Policarpe martyr.
27	f	Chrysostome doctor.
28	g	Theodore.
29	A	Valerie bishop.
30	b	Batily Queene.
31	c	

Februarie hath xxviii. dayes.
The Moone xxix.

The day hath x. houres.
The night hath xiiii.

1	d	Fast.
2	e	Purification of Marie.
3	f	Blase martyr.
4	g	Gilbert confess.
5	A	Agathe virgin.
6	b	Amandus bishop.

Dato.

7	c	Dyothe virgin.
8	d	Angule virgin.
9	e	Paul bishop.
10	f	Apoline virgin.
11	g	
12	A	Scholastice.
13	b	Eukrage virgin.
14	c	Valētine martyr.
15	d	
16	e	Faustine bishop.
17	f	Julian virgin.
18	g	Policron virgin.
19	A	Simeon martyr.
20	b	
21	c	Sabine & Julian.
22	d	Wilxed virgin.
23	e	Fast.
24	f	Mathie Apostle.
25	g	Irtr. martyrs.
26	A	Peters Chaire.
27	b	Augustine bishop.
28	c	Oswald bishop.

March hath xxxi. daies.
The Moone xxx.

The day hath xii. houres.
The night hath xii. houres.

1	D	Dauid bishop.
2	E	Chadde confessor.
3	F	Martine.
4	G	Adrian martyr.
5	A	Vdocas and Eus.
6	b	Victor & Victorine.
7	c	Perpetue.
8	D	Apoline martyr.
9	E	Agapete virgin.
10	F	Gregory b. shop.
11	G	Augeus prophet.
12	A	Theodore martyr.
13	b	Leo bishop.
14	c	Peter martyr.
15	D	Longin martyr.
16	E	Quirin martyr.
17	F	Gertrude virgin.
18	G	Edward king.
19	A	Joseph the husb. of Mary.

Cut-

20	b	Cutbert bishop.
21	c	Benedict abbot.
22	d	Affrodose bishop.
23	e	Theodore priest.
24	f	Fast.
25	g	Annunciation of Mary.
26	A	Castor martyr.
27	b	Ludger bishop.
28	c	Dorothe martyr.
29	d	Victorine.
30	e	Sabine.
31	f	

April hath xxx. dayes.
The Moone xxx.

The day hath xiii. houres.
The night hath xi. houres.

1	g	Theodose virgin.
2	A	Mary Egyptian.
3	b	Richard bishop.
4	c	Ambrose bishop.
5	d	Martian and Mar
6	e	Sertus martyr.
7	f	Euphemie virgin.

8	g	Denise martyr.
9	A	Perpetuus martyr.
10	b	Marcus martyr.
11	c	Guthlake.
12	D	Apoline martyr.
13	e	Wothred martyr.
14	f	Tibert martyr.
15	g	Osmond bishop.
16	A	Isidore bishop.
17	b	Anicete bishop.
18	c	Eleuther bishop.
19	D	Tiburtus confessor.
20	e	Hermegenes.
21	f	Quintine.
22	g	Clete bishop.
23	A	George martyr.
24	b	Wolfrine confess.
25	c	Marke Euangelist.
26	D	Anastace bishop.
27	e	Vitalis martyr.
28	f	Peter of Milaine.
29	g	
30	A	Depo. of Erkenwald.

May hath xxxi. daies.
The Moone xxx.

The day hath xvi. houres.
The night hath viii. houres.

1	b	Philip and Iacob.
2	c	Athanasius bishop.
3	d	Inuen. of the crosse.
4	e	Christopher.
5	f	Godard archbishop.
6	g	John ante port. latin.
7	A	John of Beuerley.
8	b	Appe. of Michael.
9	c	Transl. of Nico.
10	d	Gordiane.
11	e	Pancrase martyr.
12	f	Victorius martyr.
13	g	Seruatius confessor.
14	A	Boniface martyr.
15	b	Sophia virgin.
16	c	Brandon bishop.
17	d	Transl. of Bernard.
18	e	Dioscore martyr.
19	f	

Dun-

20	f	Dunstane confess.
21	g	Barnardine.
22	A	Helene Queen.
23	b	Petronell.
24	c	Julian virgin.
25	d	Desiderii martyr.
26	e	Adeline confess.
27	f	Augustine confess.
28	g	Germane bishop.
29	A	Nicodeme.
30	b	Cozone martyr.
31	c	Felix bishop.

Iune hath xxx. daies.
The Moone xxx.

The day hath xvi. houres.
The night hath viii. houres.

1	d	Nicodeme.
2	e	Erasmus.
3	f	Basill.
4	g	Marcelli martyr.
5	A	Petrocius confess.
6	b	Boniface bishop.
7	c	

Medard

7	c	Medard and Gil.
8	d	Transla. Edmond.
9	e	Iulian confess.
10	f	Transla. Wolstan.
11	g	The longest day.
12	A	
13	b	Antony confess.
14	c	Basilides.
15	d	Vite modeste.
16	e	Transl. Richard.
17	f	Botolph confess.
18	g	Exuperie bishop.
19	A	Gervalius martyr.
20	b	Transl. Edwards.
21	c	Walburge virgin.
22	d	Albans martyr.
23	e	Fast.
24	f	Iohn Baptist.
25	g	Transl. of Egelie.
26	A	Iohn and Paul.
27	b	Trescens martyr.
28	c	Fast.
29	d	Peter and Paule.
30	e	Conuer. of Paul.

Iulie hath xxxi. daies,
The Moone xxx.

The day hath xv. houres.
The night hath ix. houres.

1	g	Octa. Iohn Baptist.
2	A	Maurice.
3	b	Transl. of Tho. Apostle.
4	c	Transl. of S. Mart.
5	d	Octa. of S. Peter.
6	e	Zoe virgin martyr.
7	f	Depo. of Grimbal.
8	g	Cicil virgin.
9	A	vii. brethren mar.
10	b	Dog daies begin.
11	c	Nabor and Felix.
12	d	Transl. of Benedict.
13	e	Priuate martyr.
14	f	Transl. of Osmond.
15	g	Kenelme king.
16	A	Eustacie.
17	b	Arnolph martyr.
18	c	Rupine and Iustine.
19	d	Praede virgin.

Mar.

20	e	Margaret virgin.
21	f	Apoline virgin.
22	g	Marie Magdalen.
23	A	Chriſtine virgin.
24	b	Faſt.
25	c	Iames Apoſtle.
26	d	Anna the mother of Mary.
27	e	Seuen ſleepers.
28	f	Sampſon biſhop.
29	g	Felix and his fellow.
30	A	Addon and Seni.
31	b	

Auguſt hath xxxi. daies.
The Moone xxx.

The day hath xiiii. houres.
The night hath x. houres.

1	c	Lammas day.
2	d	Stephan biſhop.
3	e	Finding of Stephan.
4	f	Juſtine prieſt.
5	g	Feſtum niuis.
6	A	Tranſ. of Chriſt.
7	b	Feaſt of Ieſus.

Ciriack

8	c	
9	d	Ciriake and his fe.
10	e	Romane martyr.
11	f	Laurence martyr.
12	g	Tiburt martyr.
13	A	Clare virgin.
14	b	Apolite virgin.
15	c	Exalta. crucis.
16	d	Assump. of Marie.
17	e	Roch martyr.
18	f	Octa. Laurence.
19	g	Magnus martyr.
20	A	Barnard confessor.
21	b	Dog dayes end.
22	c	Lewes martyr.
23	d	Octa assump.
24	e	Fast.
25	f	Bartholomew Apostle.
26	g	Lewes king.
27	A	Seuerine.
28	b	Augustine confess.
29	c	Johns beheading.
30	d	Rufine martyr.
31	e	Felix and Audact.

September hath xxxi dayes.
The moone xxix.

The day hath xii. houres.
The night hath xii. houres.

1	f	Giles bishop.
2	g	
3	A	Anthonie martyr.
4	b	
5	c	Iuye bish. p.
6	d	Transl. of Cuthbert.
7	e	Bertine abbot.
8	f	Eugine confess.
9	g	Enureus bishop.
10	A	Nativity of Mary.
11	b	Silutnus bishop.
12	c	Gorgony martyr.
13	D	Pzothy & Jacinct.
14	e	Martinian.
15	f	Amanite.
16	g	Holy Roode.
17	A	Lambart martyr.
18	b	Edith virgin.
19	c	Timotheus.
		Victor and Coron.
		Januarie martyr.

Fast.

20	D	Fast.
21	e	Mathew Apostle.
22	f	Mauritius.
23	g	Tecla virgin.
24	A	Andochius martyr.
25	b	Firmine bishop.
26	c	Cyprian and Just.
27	d	Cosme and Damian.
28	e	Exuperie bishop.
29	f	Michael Archangell.
30	g	Jerome priest.

October hath xxxi. daies.
The Moone xxx.

The day hath x. houres.
The night hath xiiij. houres.

1	A	Remegius bishop.
2	b	Leodegere martyr.
3	c	Candide martyr.
4	d	Francis martyr.
5	e	Faith virgin.
6	f	Gerionis.
7	g	Marie and Marke.

Apolli.

8	A	Apolinaris martyr.
9	b	Pelagie virgin.
10	c	Linus confessor.
11	d	Denice and his fel.
12	e	Wilfred bishop.
13	f	Nicholas bishop.
14	g	Transl. Ed. king.
15	A	Calixte bishop.
16	b	Wolfran bishop.
17	c	Michael of the mount.
18	d	Luke Evangelist.
19	e	Etheldred virgin.
20	f	Fredelwide virgin.
21	g	Austrebut virgin.
22	A	xi. M. virgins.
23	b	Marie Salome.
24	c	Romane bishop.
25	d	Wagloze bishop.
26	e	Crispin and Cris.
27	f	Fast.
28	g	Simon and Iude.
29	A	Narcissus bishop.
30	b	Germane confessor.
31	c	

Nouember hath xxx. daies,
The Moone xxix.

The day hath ix. houres,
The night hath xv. houres.

1	d	All Saints.
2	e	All Soules.
3	f	Winefryd virgin.
4	g	Amantius.
5	A	Leteptell.
6	b	Leonard.
7	c	Willibrode.
8	d	Foure crowned.
9	e	Theodore.
10	f	Martine.
11	g	Martine bishop.
12	A	Brieke Bishop.
13	b	Patrenne martyr.
14	c	Tran. Erkenwall.
15	d	Maeute bishop.
16	e	Dep. of Edmond.
17	f	Initium regni Elizabeth.
18	g	Octa Martine.
19	A	Elizabeth martyr.
20	b	Edmond king.
21	c	Pres. of Marie.

Tertie

22	d	Cecile virgin.
23	e	Clement marty.
24	f	Grisagon marty.
25	g	Katherine virgin
26	A	Line marty.
27	b	Vitalis marty.
28	c	Rufus marty.
29	d	Fast.
30	e	Andrew Apostle.

December hath xxxi. daies,
The Moone xxx.

The day hath viii. houres.
The night hath xvi. houres.

1	f	Elegie bishop.
2	g	Liban marty.
3	A	Dep. of Dsmond
4	b	Barbara virgin.
5	c	Sabba bishop.
6	d	Nicholas bishop.
7	e	Octa. Andrew.
8	f	Con. of Mary.
9	g	Cyprian bishop.
10	A	Eulalie virgin.

11	b	Auterpe.
12	c	Damasc. confel.
13	d	The shortest day.
14	e	Nicalius virgin.
15	f	Otholie virgin.
16	g	O sapientia.
17	A	Lazarus confel.
18	b	Gratian bishop.
19	c	Venetia virgin.
20	d	Fast.
21	e	Thomas Apostle.
22	f	xxx. martyrs.
23	g	Victor virgin.
24	A	Fast.
25	b	Christmas day.
26	c	Stephan martyr.
27	d	Iohn Euangelist.
28	e	Innocents day.
29	f	Thomas Becket.
30	g	Transl. of James.
31	A	Siluester martyr.

A rule to knowe when the Termes begin and end, with their Returnes.

Hilarie Tearme beginneth the 21. of January, and endeth the 12. or 13. day of Februarie, and hath 4. returnes. — that is — Oct. Hil. / Qui. Hil. / Cra. Pur. / Oct. Pur.

Easter Terme beginneth 17. dayes after Easter day, and endeth the Munday next after the Ascension day, and hath 5. returnes. — that is — Qui. Pas. / Tres Pas. / Men. Pas. / Qui. Pas. / Cra. Asc.

Trinitie terme beginneth the 12. day after Whitsunday, and continueth 19. dates and hath 4. returnes. that is Cra. Tri. Oct. Tri. Qui. Tri. Tre. Tri.

Michaelmas Tearme beginneth the 9. or 10. day of October, & endeth the 28. or 29. of Nouember, and hath 8. returnes. that is Oct. Mic. Qui. Mic. Tre. Mic. Men. Mic. Cra. Ani. Cra. Mar. Oct. Mar. Qui. Mar.

Also note, that 8. dayes before any term begin, the Exchequer openeth, except Trinitie terme, for then it openeth but 4. dayes before.

No man may marry his

con. Grandmother.
af. Grandfathers wife.
af. Wiues grandmother.

con. Fathers sister.
con. Mothers sister.
af. Fathers brothers wife.
af. Mothers brothers wife.
af. Wiues fathers sister.
af. Wiues mothers sister.

con. Mother.
con. Stepmother.
af. Wiues mother.

con. Daughter.
af. Wiues daughter.
af. Sonnes wife.

	No woman ought to
con.	marrie her Grandfather.
af.	Grandmothers husband.
af.	Husbands grandfather.
con.	Fathers brother.
con.	Mothers brother.
af.	Fathers sisters husband.
af.	Mothers sisters husband.
af.	Husb. fathers brother.
af.	Husb. mothers brother.
con	Father.
con.	Stepfather.
1.	Husbands father.
con.	
af.	Sonne.
af.	Husbands sonne.
	Daughters husband.

No man may marry his

con. ſiſter.
af. Wiues ſiſter.
af. Brothers wife.

co". Sonnes daughter.
con. Daughters daughter.
af. Sonnes ſonnes wife.
af. Daughters ſons wife.
af. Wiues ſons daughter.
af. Wiues daughters daughter.

con. Brothers daugheer.
con. Siſters daughter.
af. Brothers ſonnes wife.
af. Siſters ſonnes wife.
af. Wiues brothers daughter.
af. Wiues ſiſters daughter.

No woman ought to
con. marrie her brother.
ak. Husbands brother.
ak. Sisters husband.

con. Daughters sonne.
con. Sonnes sonne.
ak. Daughters sonne.
ak. Sonnes daughters husb.
ak. Daughters daught. husb.
ak. Husbands sonnes sonne.
ak. Husbands daugh. sonne.

con. Brothers sonne.
con. Sisters sonne.
ak. Brothers daughters husband.
ak. Sisters daughters husband.
ak. Husbands brothers sonne.
ak. Brothers sisters sonne.

¶ A note of the Moneths, Weekes, Daies, *and Houres, throughout the* whole yeere.

The yeare containeth { *Moneths* 12. / *Weekes* 52. / *Dayes* 365. } *Houres* { 69478.

Day { *Naturall* / *Artificiall* } *hath* { 24 / 12 } *Houres.*

¶ An Almanack for x. yeeres.

The yeare of our Lord.	The Prime.	The Epact.	Sundaies letter.	Leape yeare.	Aſhwednesday the firſt day of Lent.	Eaſter day.	Whitſonday.
1596	1	11	D	ℰ	Mar. 1.	April. 11	May. 30
1597	2	22	B		Ma. 5.	Marc. 27.	15.
1598	3	3	A		2.	April. 16	Iune. 4.
1599	4	4	G		Mar. 4.	8.	May. 27
1600	5	15	F	ℰ	Feb. 17	Mar. 23.	11.
1601	6	26	E		8	April. 12	May. 31.
1602	7	7	D		28	4.	23.
1603	8	18	B		13	April. 24.	Iune. 12.
1604	9	29	A	ℰ	Mar. 5.	April. 8.	May. 27.
1605	10	11	G		Feb. 24	Marc. 31.	May. 19.

An exhortation to praier.

Let not to pray alwaies, and ſtand not in feare to be reformed vnto death: for the rewarde of GOD endureth for euer. Before thou prayeſt, prepare thy ſoule, and be not one that tempteth God. Wee muſt conſider therefore when we pray, in whoſe preſence we ſtand, to whome we ſpeake, & what we deſire. We ſtand in the preſence of the Almightie Creator of heauen and earth, and all things therein contained. To whoſe eternal Maieſtie innumerable thouſands of Angels doe aſſiſt, ſerue, & obey. We ſpeake vnto

vnto him who knoweth the ſecretes of all harts, before whom nothing is more odious thā hypocriſie and diſſimulation. We ought to aſk thoſe things which be moſt to his glory, & the comfort of our cōſciences. We muſt therfore diligently with all reuerent & godly feare, endeuour our ſelues to remooue all ſuch things as we offende his diuine Maieſtie in, to the vttermoſt of our power. And firſt that we be free from all worldly cares and fleſhly cogitations, whereby our minds are caried hither & thither, and be drawen out of heauē, & from the pure beholding

of

of GOD, and preſſed downe to the earth. Wee muſt haue our hart not only bent vnto praier, but aſmuch as is poſſible lift vp aboue it ſelfe, euē to the purity that is worthy for God. We muſt haue a regard, that our mouth, ſpirite, & heart be eleuated together, mindfull in faith. For GOD is a ſpirite, and will bee worſhipped in ſpirite and truth, that is to ſay, in the godly affectiōs of the hart, & with a true, faithful, and vnfayned worſhipping. And therfore as at al other times he requireth the heart, ſo ſpecially in the time of prayer, when we ſhew our ſelues in his pre-

preſence & enter into cõmuni-
cation with him. Wherupõ whẽ
he promiſeth to heare all thoſe
that call vpon him, hee maketh
a reſtraint, not to heare thoſe
which doe not call vpon him in
truth: ſeeing therfore the chie-
feſt dutie of prayer conſiſteth in
the heart, wee muſt weigh our
whole heart, powre out prayers
vnto God the ſearcher of harts,
with ſincere, vnfained, & ardent
affection before him, or elſe we
ſhal not find him. But if wee call
vpõ him with a ſincere faith, we
ſhall be ſure that hee will heare
our petitions. To whome be all
honour, glorie and praiſe, for e-
uer and euer, Amen.

What Praier is.

There is no man but he knoweth that prayer is the chiefest thing that we may present god withall (for he is the head, fountaine and spring of al goodnesse) & a meane to attain eternal life. For if a man bee inflamed with the loue of virginity, or studieth to imbrace the honorable estate of chast wedlocke, if any man labour to bridle anger and to acquaint himselfe with sobriety and lowlinesse of minde, if any man desire to be pure from the infective and poysoned matter of enuy: briefly if any man bee mindfull of any other vertue whatsoeuer it be, which helpeth to godly liuing, the same man, prayer being his guide, & preparing the way of his life) shall right easily & pros-

prosperously obtaine his Godly intent and purpose. For it is impossible it cannot be, I say, but such as aske of God puritie, righteousnesse, meekenesse, goodnes, and other vertues, must needs receiue their desire and petitions. Aske (saieth the Lorde) and it shall bee giuen you: Seeke and ye shall finde: knocke & it shal be opened vnto you. For whosoeuer asketh, receiueth: & hee that seeketh findeth, and to him that knocketh it shall be opened. And again he saith, Is ther any amongst you, which if his sonne aske him bread, would offer him a stone: Or if he would aske him fish, would he offer him a Serpent? If yee then which are euill can giue your children good giftes, how much more shall your Father which is in heauen giue his holy Spirit to them that aske it? With such sweete

words, & with such hope hath the Lorde of all creatures prouoked vs to pray. And it becometh vs, yea, we are bound to be obedient to God and to spend our whole life in the praises of him, that is, in prayer, more earnestly setting our care how to serue God, than how to continue the state of this our life. This doing doubtlesse we shall liue that life, which only beseemeth a Christian man to liue. As the wise king Salomon sayeth: much prayer and the true seruice of God is a signe of al righteousnesse: for it is the spirituall ornament, yea Gods ornament that bringeth great beauties and comlinesse to our mindes, especially, when one by it directeth his life, neyther suffereth any vncomely thing to rule in his soule. For prayer teacheth to stand in reuerence, fear and awe of God, and

to

to giue the honour we owe vnto him: prayer teacheth to cast off all the deceitfull illusions of the euill spirit, and driueth away al idle, filthy, and vncomly thoughts, it establisheth the mind in such perfection, that it contemneth all voluptuous and carnall pleasures, with a godly mind to disdaine to be seruant vnto vice, and to persecuer and keep the soule and mind in Christs freedom, in pure liuing and conuersation of manners, it is comly to al such as profesſe Christ. I suppose therfore it is manifest to al men that playnly it is impossible without the helpe of prayer, a man to liue vertuously in this life, & in goodnesse to dispend his time: for how can one liue godly except diligently and often he approach humbly, and vpon his knees beg grace of him that giueth al goodnesse vn-

to me againe, how may it bee, that any man can desire to be vertuous, modest, temperate, and righteous, if he couet not greedily the conuersation and companie of him which is the giuer not onely of these, but also of greater things than these be vnto vs. Furthermore I wil briefely declare that although wee be full of sinne when we come to pray, yet doeth faithfull prayer right shortlie purge vs from it. What greater thing or more godly therefore can wee haue then prayer: which is a soueraigne medicine, and a most present remedy to euery accrased soule. And for to approue this, the example of the Ninuites doth come first to remembrance, in whom it is euident, by the helpe of praier, they receiued forgiuenes of those manifold wicked deeds, wherewith they had prouoked the vengeance of GOD

vpon

vpon them: for as soone as they set their hartes to praier, it by and by brought righteousnesse vnto them, and forth with it amended the City which so long time had been accustomed to lecherous living, to excesse, to malice: briefly, to such a kinde of life as was both lawlesse and wretched. Therfore praier was a good preseruatiue: for it speedily intreated the anger of God imminent, vpon them, and forthwith amended their corrupt & detestable life. Such is the strength, such is the power of praier, that where the Niniuites had wickedlie and filthily passed all the dates of their life, yet so soone as praier was entred into the Citie, incontinently it turned all things vpside down, brought in temperance, Iustice, loue, vnity, charity, and all other goodnesse: as when a queene or empresse

preſſe doth enter into a city, neceſſarilye all wealth and abowndance doth follow her. Euen ſo truely, after prayer doeth come to the ſoule of man, all vertues do enter with it ioyntly. For as the foundation is in the houſe, the ſame is prayer in the ſoule. And when we haue firſt faſtned it as a roote, ground, or ſtay in the ſoule, then muſt we diligently build vpon it cleanneſſe, meeknneſſe, iuſtice, charitie, briefly all the lawes of Chriſt. To whom with the Father and the holy Ghoſt be glory and dominion for euer,

So be it.

A brieſe

¶ A briefe Confession to bee said before the morning praier.

I Doe acknowledge and confesse vnto thee, O mercifull father, my often & grieuous offences that I haue committed against thy diuine maiesty, from my youth hitherto, in thought, worde, and deede, leauing vndone those good deeds which I ought to haue done, and do-

ing those thinges which I ought not to haue done. Wherby I haue prouoked thy wrath and indignation against me: and thus, lamē-ting my wickednesse, I ap-peale vnto thy mercie, and say with the Publican, O God be mercifull vnto me, most wretched sinner, for-giue all that is past, saue, & defend mee from euill, and confirme me in godlie life, to the honour and glory of thy name. So be it.

Our

Our Father which art, &c.

And lead vs not, &c.

But deliuer vs from euill. Amen.

Praise we our father louingly,
which gently vs preserued,
When we forsook him wretchedly,
and death by sinne deserued.
His mercy was so bountious,
that though we from him fell,
Freely in Christ hee pardoned vs,
redeeming vs from hell.
Glory be to the Trinity,
Father, sonne, and spirit liuing,
Which art one god in persõs three:
who praised be without ending.

Mors

Morning prayer.

O Lorde open thou my lippes, that my mouth may speak and shewe forth that which is to thy glory & praise: and shut my mouth for speking any thing wherby I shold offend thy diuine maiesty, or be hurtfull to my neighbour.

O God make ſpeede to ſaue vs.

O Lord make haſte to helpe vs.

Glory be to the father, &c.

As it was in the begin, &c.

Praiſe ye the Lord.

Thankes be to God.

Pſalmes.

Loꝛde heare my woꝛdes, marke my crying. O my king and my God:

God: for vnto thee onelie doe I come to pray, neither doe I look for succour any where else but of thee.

O Lorde I beseech thee that thy grace may spring in my hart with the morow light of comfort, the night of care being ouerpassed.

Suffer mee not to perish with the vngodly folke, whom thou curssest: I come running vnto thee, not trusting in mine owne righteousnes, but vnto thy great and

and manifold mercies.

O Lord with the rule of thy iustice thou shalt direct vs: for thy names sake make plain thy way before me, least the spirit of malice turne me thence.

Let them be wise, which repose themselues to trust alwaies on thy mercies: let them triumph which loue thy name.

Defende mee (O Lorde) with thy grace, as with a shield, in time of perill, to the

the intent that when I am assalted with them, I may yet with constant cheare, grow vp vnto my full perfection.

Glory be to the, &c.
As it was in the, &c.

THe Lorde shall defende mee vnder his wings, and I shal be safe vnder his fethers, his faithfulnesse & trueth shall bee my shield & buckler.

I shall not be afraid for any

any terroꝛ by night, noꝛ foꝛ the arrowe that flyeth by daye, noꝛ foꝛ the peſtilence that walketh in darkneſſe, noꝛ foꝛ the ſickneſs that deſtroyeth in the noone day.

Oh ſend out thy light and thy trueth (O God) that they may leade me, & bꝛing me to thy holy hill, and to thy dwelling.

Why art thou ſo heauie, O my ſoule, and why art thou ſo diſquieted within me?

O put thy trust in God, for I will yet giue him thanks, which is the helpe of my countenance, & my God.

O God, thou art my God, earely wil I seeke thee, my soule thirsteth after thee, my flesh also longeth after thee: as long as I liue will I magnifie thee, and lift vp my hands in thy name.

I haue remẽbred thee in my bed, & thought vpon thee when I was waking, because

because thou hast beene my helper.

Haue mercie vpon mee O Lord, thou God of all things, haue respect vnto vs, and shewe vs the light of thy mercie, and send vs thy feare.

Awake thou my soule that sleepest, and stand vp from death, and Christ shal giue thee the light of his mercies.

O let me heare thy louing kindnesse, O lord, betimes

in the morning, for in thee is my trust.

Shew thou me the way that I should walke in, for I lift vp my soul vnto thee: deliuer me lord from mine enemies, for I fly vnto thee to hide mee.

Teach me to doe the thing that pleaseth thee, for thou art my God.

O Lord haue mercy vpon vs: wee haue put our whole trust in thee.

Be an arme to vs early,

and

and our health in time of trouble.

Unto thee (O Lord) wil I lift vp my soule: my god, I haue put my trust in thee.

O let me not be ashamed: shewe mee thy waies, O Lorde, and teach mee thy paths.

Lead mee forth in thy truth, & teach mee: for thou art the God of my saluation.

Call to remembraunce (O Lord) thy tender mer-

cies, and thy louing kindenes which hath beene euer of old.

O remember not the sinnes and offences of my youth, but according vnto thy mercie thinke vpon me, O Lorde for thy goodnesse: for thy names sake, O lord be mercifull vnto my sinne for it is great.

Looke vpon mine aduersitie and miserie, & forgiue me all my sin.

O keep my soule and deliuer

liuer me, let mee neuer bee confounded, for I haue put my trust in thee.

God bee mercifull vnto vs and blesse vs, and shewe vs the light of thy countenance, and be mercifull vnto vs.

That thy way may bee knowen vpon earth, thy sauing health among all nations.

God, euen our owne God shall giue vs his blessing: God shall blesse vs

& all the ends of the world shal feare him.

Shewe the light of thy countenance vpon thy seruant, and teach me thy statutes.

Watch (my soule) because thou knowest not what houre the Lorde will come.

Watch (my soule) and pray, that thou enter not into temptation: for the spirit is ready, but the flesh is weake.

Watch (my soule) and pray: stand fast in the faith, quite thee manly, be strong, let all thy busines be done with loue, through Iesus Christ our Lorde and Sauiour.

Set a watch, O Lorde, before my mouth, & kepe the dooze of my lips. O let not my harte be inclined to any euill thing, let me not bee occupied in vngodlie workes.

Hearken vnto my praier

O Lord that goeth not out of fained lips.

O holde thou vp my goings in thy paths, that my footesteps slide not: incline thine eare vnto me, & heare my words.

Shewe thy maruellous louing kindnesse that thou art ỳ sauiour of them that put their trust in thee.

From such as resist thy right hand, keep me as the apple of an eie: hide me vnder ỳ shadow of thy wings

from

frō the vngodly that trouble me.

I will sing of thy power, and will sing of thy mercye betimes in the morning: for thou hast beene my defence and refuge in the day of my trouble.

Unto thee O my strength will I sing: for thou O god arte my refuge, and my mercifull God.

Teache mee thy way, O Lord, and I wil walke in thy truth.

O knit my hearte vnto thee, that I may feare thy name.

I will thanke thee, O Lord my God, with all my hart, & wil prayse thy name for euer.

Thou, O Lord God, full of compassion and mercie, long suffering, plentious in goodnesse & truth, turne thee vnto mee & haue mercie vpon me.

Ponder my wordes, O Lord, consider my medita-

tion

tion.

O Harken thou to the voice of my calling, my king and my God: for vnto thee wil I make my praier.

My voice shalt thou heare betimes (O Lord): early in the morning will I directe my praiers vnto thee, and will looke vp.

For thou art the god that hath no pleasure in wickednesse, neither shall any euill dwell with thee.

Lead me, O Lord, in thy right

righteousnesse: make my waies plaine before my face.

Teach mee thy way O Lorde, and leade me in thy right way.

Order my steppes, O Lorde, in thy word, and so shall no wickednesse haue dominion ouer me.

O deliuer mee from the wrongfull dealing of men, & so shall I keepe thy commandements.

Vouchsafe, O Lord, this day

daye to keepe vs without sinne.

O Lord, thou father and God of my life, forsake me not.

O let me not haue a proud look, but turne away al voluptuousnes from me.

Take from me the lusts of the bodie: let not the desires of vncleanneſſe take hold vpon me, and giue me not ouer to an vnshamefast and obstinate mind.

Two thinges haue I requi-

required of thee, that thou wilt not denie me before I die.

Remoove from me vanitie and lies: giue mee neither pouertie nor ritches: onely graunt me a necessarie liuing.

Least if I be too ful, I denie ther, and say: Who is the lord? And least I being constrained through pouertie fall vnto stealing, and take the name of my God in vaine.

O that my waies were made so directe, ỳ I might keepe thy statutes: so shall I not be confounded, while I haue respect vnto all thy commaundements.

Take from me the way of lying, and cause thou me to make much of thy law.

O turne away mine eies, least they beholde vanitie, and quicken thou me in thy way.

Let thy louing mercie come also vnto me, O Lord

even

euen thy ſaluation, accor-
ding to thy word.

O take not the word of
trueth vtterlye out of my
mouth : for my hope is in
thy iudgements.

My fleſh trembleth for
feare of thee, & I am afraid
of thy iudgements.

Heare my voice O Lord
according vnto thy louing
kindneſſe: quicken mee ac-
cording as thou art wont.

The Lord ſhall preſerue
thee from all euill: yea it is

euen he that shal keepe thy soule.

The Lord shal preserue thy going out, and thy cõming in, from this time forth for euermore.

Let vs therefore cast away the deedes of darkenesse, and let vs put on the armour of light.

Let vs walke honestly, as it were in the day light.

Not in eating and drinking, neither in chambering and wantonnesse, nei-

ther in strife and envying, but put you on the Lorde Jesus christ, and make not prouision for the flesshe to fulfill the lusts of it.

O Lord god & father, I beseech thee by Christ our Lord, yt of thine infinite mercie thou keepe mee so, as at no time I followe the counsell eyther of the vngodly which know thee not, or of hypocrites which with their heart seeke thee not

not.

O Lord suffer me not to enter into the way of sinners with a minde to fulfil the desires and lusts of the flesh: but whensoeuer thorough ỹ frailtie of my corrupt nature I shall chance to runne astraye, then O Lord, staie mee, and plucke my feete back againe.

Keepe mee, that I sit not in the seat of pestilent scorners, which cloaking their owne Pharisaicall & diue-

lish intents, condemne in other men the veritie and Gospell.

O bring to passe, that I may burne in the desire of thy lawe, that vpon the aduancement of thy worde, my minde may alwaies be occupied, that I may euermore choose that which is most pleasant to thee, and hate that both in my selfe and others, which is displeasant to thee.

Make mee I pray thee ỳ

I may be a tree planted by ẏ sweet riuers of thy ghostly waters, to the intent ẏ I maie bring forth fruit to thy glorie and the profit of my neighbor, so oft as thou shalt minister time and occasion thereunto: least my leaues (which are my words and works) should vade and fall awaie.

But, that all thinges may prosper, whatsoeuer I shall do in thy name, assist me I beseech thee, and graunt O

most mercifull father, that for Jesus Christes sake, I may take roote in ẏ ground of life, leaste with the vngodly like chaffe and dust I be blowen abroad, with the most pernicious winde of this worlde: and graunte that I may stand in the assembly of the righteous, & that I may enter into iudgment without punishment, and that I may escape euerlasting damnation.

Glory be to the Father, &c.

As

As it was in the begin.&c.

A Prayer to be sayd in the morning.

I Do thanke thee my most mercifull and heauenlie father, by thy dearely beloued sonne Iesus Christe, that this night thou hast giuen mee sleepe and rest, preseruing mee from all hurt and perill. I doe crie thee mercy for mine offenses; and I do most humbly beseech thee, that thou wilt

likewise this daie keepe me from sin & all euill, so that all my thoughtes, wordes & workes may please thee. I do commit my self both bodie and soule, and al things that I goe about, into thy hands: I beseech thee that thy holy spirit may be with me, least my deadlie aduersarie haue power ouer me.

A praier for the sure trust and confidence in our Sauiour Iesus Christ.

D

O Our merciful Father, which in teaching vs to pray, by thy son Christe, hast commanded vs to call thee father, and to beleeue that wee are thy beeloued children, which stirrest vp none of thine to pray but to the intent that thou wouldest heare them, giuing vs all thinges more effectually, and more plentiously, than we can either aske or thinke: we beseech thee, for thy Sonnes sake

to

to giue vs grace to beléeue & to know assuredlie, that thy sonne our sauiour Iesus Christ is giuen of thee vnto vs to bee our sauiour, our righteousnesse, our holinesse, our redemption, and our satisfaction. O Lorde suffer vs not to trust in any other saluation, but in thy sonne, & by thy son, our sauiour Iesus Christ.

For order and direction of godly liuing.

To

TO thee, O Lorde God, I lift vp my minde, in thee I trust, O Lorde God, let me not bee confounded, least mine enemies make mee their testing stock, & a matter to laugh at.

O Lord make thy waies knowne to mee, and trade mee in thy pathes.

Direct mee in thy trueth, & instruct mee, for thou art my God & Sauiour, I look after thee euerie day.

Oh Lord, thou art sweet and

and rightfull, and bringest againe, into the waie, them that went out.

Thou leadest streight in thy iudgements them that bee milde & tractable, and teachest thē that be mèeke thy words & testimonies.

Thou healest them that be contrite in heart, and asswagest their paines and griefe.

Thou houldest vp al them which else would fall: and al that are fallen, thou liftest

ceſt them vp againe.

Thou giueſt ſight to the blind, and looſeſt them that be bound.

Thou art nigh vnto all them that call vpon thee, ſo that they call vpon thee faithfully and hartilie.

Thou fulfilleſt the deſire of them that feare thee, and heareſt their praier, and ſaueſt them.

Haue mercy vpon mee, O God, haue mercie vpon me: for in thee my ſoule ru-

ſteth

steth.

Verily my soule hath a speciall respect to thee: for my health, my glorie, and all my strength commeth from thee.

For thine owne sake (O Lord God) lay not my sins to my charge. I vnderstand not all mine errors, innumerable troubles close me round about, my sinnes haue taken houlde vppon mee, and I am not able to looke vp.

Put

Put to thy hand to helpe mee, and leade me right in all my wozkes.

Make me to walke perfectly in all thy waies, that no kinde of sinne ouercome me.

Sit before my mouth, & keepe the aire of my lips.

Let the wozdes of my mouth, and the meditation of my hearte, bee euer pleasant and acceptable in thy sight.

Let the wozdes of trueth

neuer goe away from my mouth, and suffer no malice to dwell in my heart.

O Lord deliuer my soule from lying lippes, and saue me frō a deceiptful tongue.

Put into my mouth thy true and holy worde, and take from me all idle & vnfruitfull speach: deliuer me from false surmisers and accusers of mee, rule me as thou thinkest good, after thy will and pleasure.

Turne awaie mine eyes that

that they beholde no vaine thinges, fasten them in thy waie.

Take from me fornication and all vncleannesse, and let not the Loue of the flesh beguile me.

Yea deliuer my soule from pride, that it reigne not in me: And then I shall be cleane from the greatest sinne.

Stay and keepe my feete from euerie euill waie, lest my steppes swarue from

thy pathes.

My eies looke euer vp vnto thee O Lord, because thou art nigh at hand, and all thy waies are trueth.

Thy mercies bee greate and many, O Lord: blessed is hee whosoeuer trusteth in thee.

For when I saide vnto thee, my foote slipped, thy mercy O Lorde did by and by hold me vp.

Teach me to do thy wil, and leade mee in thy path-

way

way, for thou art my God.

O saue my soule, and deliuer mee from the power of darknesse.

Let the brightnes of thy face shine vpon thy seruãt: for vnto thee, (O Lorde) haue I fled for succour.

Looke vnto me, and haue mercy vpon mee, for I am desolate and poore.

Keepe my soule, and deliuer mee, that I be not confounded, for I haue trusted in thee.

O Lord forsake me not, although I haue done noe good in thy sight.

For thy goodnesse, grant me, that at the leastwise I now maie beginne to liue well.

O Lorde, shew thy seruaunts thy workes, and their children thy glorie.

The gratious mercie of ỳ Lord our God be vpō vs: O prosper thou the workes of our handes, O prosper thou our handie worke.

Let

Let vs Pray.

O Lord, which art the strength of such as trust in thee, mercifullie assist vs that call vpon thy name. And forasmuch as mans infirmitie can do nothing without thee, grant I most hũblie beseech thee the helpe of thy spirite, that fulfilling thy commaundements both in will and in deede, I may please thee through Jesus Christ our Lord. So be it.

The Letanie.

O God the father of heauen, haue mercy vpon vs miserable sinners.

O God the father of, &c.

O God the Sonne redeemer of the world, haue mercie vpon vs miserable sinners.

O God the sonne, &c.

O God the holye Ghost proceeding from the father & the Sonne, haue mercie vpon vs miserable sinners.

O

O God the holy Ghoſt, &c.

O holy, bleſſed and glorious Trinity, three perſons and one God, haue mercie vppon vs miſerable ſinners.

O holy bleſſed, &c.

Remember not Lorde our offences nor the offences of our forefathers, neither take thou vẽgeance of our ſinnes: ſpare vs good Lorde, ſpare thy people, whom thou haſt redeemed with thy moſte pretious

bloude, and bee not angrie with vs for euer.

Spare vs good Lord.

From all euill and mischiefe, from sinne, from the crafts and assaultes of the diuell, from thy wrath and frō euerlasting damnation,

Good Lord deliuer vs.

From blindnesse of hart, from pride, vaine glorie, & hypocrisie, from enuie, hatred and malice, & all vncharitablenesse,

Good Lord deliuer vs.

From

From fornication, and all other deadly sinne, and from all the deceipts of the world, the flesh and the diuel,

Good Lord deliuer vs.

From lightning & tempest, from plague, pestilẽce and famine, from battell and murther and from sodẽ death,

Good Lord deliuer vs.

From all sedition and priuie conspiracie, from all false doctrine and heresie,

from

from haronesse of hearte, & contempt of thy word and commandements,

Good Lord deliuer vs.

By the mysterie of thy holy incarnation, by thy holy natiuitie and circumcision, by thy baptisme, fasting, and temptation,

Good Lord deliuer vs.

By thine agonie and bloudy sweat, by thy crosse and passion, by thy pretious death and buriall, by thy glorious resurrection, and

and Ascension, and by the cõming of the holy ghost,

Good Lord deliuer vs.

In al time of our tribulation, in all time of our wealth, in ỹ houre of death & in the day of iudgement,

Good Lord deliuer vs.

We sinners do beseeche thee to heare vs, O Lorde God, & that it may please thee to rule and gouerne thy holy Churchvniuersally in the right waye.

We beseech thee, &c.

That it may please thee,

to

to keep & strengthen in the true worshipping of thee, in righteousnesse and holinesse of life, thy seruaunt Iames, our mosse gratious King and gouernour.

We beseech thee, &c,

That it may please thee, to rule his hearte in thy faith, feare, & loue, & that hee may enermore haue assistance in thee, & euer seeke thy honour and glory.

We beseech thee, &c.

That it may please thee, to be his defender and keeper

per, giuing him the victorie ouer all his enemies.

We beseech thee, &c.

That it maie please thee, to illuminate all Bishops, Pastoures and Ministers of thy Church, with true knowledge and vnderstā-ding of thy word, and that both by their preaching & liuing, they maie set it forth and shew it accordinglie.

We beseech thee, &c.

That it maie please thee to indue the Lordes of the Councel, and al the Nobi-

litie

litie with grace, wisedome and vnderstanding.

We beseech thee, &c.

That it may please thee, to blesse and keepe the Magistrats, giuing them grace to execute iustice and to maintain truth.

We beseech thee, &c.

That it may please thee, to blesse and keepe all thy people.

We beseech thee, &c.

That it may please thee, to giue to all nations, vnitie, peace and concord.

We

We beſeech thee,&c.

That it may pleaſe thee, to giue vs an heart to loue and dread thee, & diligently to liue after thy commandements.

We beſeech thee,&c.

That it may pleaſe thee, to giue all thy people increaſe of grace, to heare meekely thy woꝛde, and to receiue it with pure affection, and to bꝛing foꝛth the fruits of thy ſpirit.

We beſeech thee,&c.

That it may pleaſe thee,

to

to bring into the waie of trueth all such as haue erred and are deceiued.

We beseech thee, &c.

That it may please thee, to strengthen such as doe stand, and to comfort and helpe the weake hearted, & to raise vp them that fall, and finallie to beate downe Sathan vnder our feete.

We beseech thee, &c.

That it maie please thee, to succour, help, and comfort all that be in daunger, necessity and tribulation.

We

We beſeech thee to heare vs, &c.

That it may pleaſe thee, to preſerue all that traueil by land, or by water, all women laboring of child, all ſick perſons and young children, and to ſhewe thy pitie vpon all priſoners & captiues.

We beſeech thee &c.

That it may pleaſe thee, to defend & prouide for the fatherleſſe children & widowes, and all that be deſolate and oppreſſed.

We beſeech thee, &c.

That it may pleaſe thee, to haue mercy vpon al mẽ.

We beſeech thee, &c.

That it may pleaſe thee, to forgiue our enemies, perſecuters, and ſlanderers, & to turne their heartes.

We beſeech thee, &c.

That it may pleaſe thee, to giue and preſerue to our vſe the kindly fruits of the earth, ſo as in due time we may enioy them.

We beſeech thee, &c.

That it may pleaſe thee,

to giue vs true repentance, to forgiue vs al our sinnes, negligences, and ignorances, and to endue vs with the grace of thy holy spirit, to amend our liues according to thy holy word.

We beseech thee to heare vs, &c.

Sonne of God, we beseech thee to heare vs.

Sonne of God &c.

O Lambe of god, that takest away the sinnes of the world,

Grant vs thy peace.

O Lambe of god, that takest away the sinnes of the worlde,

Haue merie vpon vs.

O Christ heare vs.

O Christ heare vs.

Lord haue mercie vpon vs.

Lord haue mercy vpon vs.

Christ haue mercy vpō vs.

Christ haue mercy vpon vs.

Lord haue mercy vpon vs.

Lord haue mercy vpon vs.

Our father which art &c.

Aud lead vs not into &c.

But deliuer vs from euill.

Amen.

The

The Versicle.

O Lord deale not with vs after our sinnes.

The Answere.

Neither reward vs after our iniquities.

Let vs pray.

O God mercifull Father, that despisest not the sighing of a contrite heart, nor the desires of such as be sorrowful, mercifully assist our prayers, that wee make before thee, in all our troubles and adversities, when-

ſoeuer they oppreſſe vs, and gratiouſly heare vs, that thoſe euils which the craft and ſubtility of the diuell, or man worketh againſt vs, be brought to nought, and by the prouidence of thy goodneſſe they may be diſperſed; that wee thy ſeruants being hurte by noe perſecutiõs, may euermore giue thanks vnto thee in thy holy Church, through Jeſus Chriſt our Lord. Amen.

O Lord arise, helpe vs, and deliuer vs for thy names sake.

O God wee haue heard with our eares, & our fathers haue declared, vnto vs, the noble works that thou didest in their daies, & in the old time, before them.

O Lord arise, helpe vs, and deliuer vs for thine honour.

Glory be to the father, &c.
As it was in the begin, &c.

From our enemies defend vs O Christ.

Graciously looke vpon our afflictions.

Pitifully behold the sorrowes of our hearts.

Mercifully forgiue the sinnes of thy people.

Fauourably with mercy heare our prayers.

O sonne of Dauid haue mercy vpon vs.

Both now & euer vouchsafe to heare vs O Christ.

Graciously heare vs O Christ.
Graciously heare vs O Lord Christ.

The versicle.

Lorde let thy mercy bee shewed vppon vs.

The Answere,

As we do put our trust in thee.

Let vs pray.

WE humbly beseech thee (O Father) mercifully to looke vpon our infirmities, and for the glory of thy names sake, turne from vs all those euils that wee most righteously haue deserued: and graunt that in all our troubles we may put our whole trust and confidence in thy mercie, & euermore serue thee, in holi-

holinesse and pureneſſe of liuing, to thy honour and glorie, through our onelie mediatour & aduocate Jesus Christ our Lord, Amen.

A praier for the Kings Maiestie.

O Lord our heauenlie father, high and mightie, King of kinges, Lorde of Lordes, the onlie ruler of Princes, which doest from thy throne beholde all the dwellers vpon the earth, most

moſt hartily we beſeech thee with thy ſauour to behold our moſte gratious ſouereigne Lord King Iames, & ſo repleniſh him with the grace of thy holy Spirite, that he may alwaie incline to thy will, and walke in thy waie. Indue him plentifully, with heauēlie giftes, graunt him in health and wealth long to liue, ſtrengthen him that he may vanquiſh and ouercome all his enemies: And finallie after this

this life hee may attaine euerlasting ioy and felicitie; through Jesus Christe our Lord, Amen.

A praier for pastours & Ministers of the church.

ALmightie and euerlasting God, which onely worketh great maruelles, send downe vpon our Pastors, and Ministers, and all congregations committed to their charge, the healthful spirit of thy grace. And that

that they may truely pleale thee, powze vpon them the continuall deawe of thy blelling. Grauut this (O Lozd) foz the honour of our aduocate and mediatoz Jelus Chzilt.

A praier for raine.

O God heauenly father which by thy Sonne Jelus Chzilt hall pzomiled to all them that leeke thy kingdome and the righteoulnelle thereof all things necellari | to their bodily

sustenaunce: send vs, wee beseech thee, in this our necessity, such moderate raine and showers, that wee may receiue the fruites of the earth to our comfort, & to thy honour, through Iesus Christ our Lord, Amen.

A praier for faire weather.

O Lord God which for y sin of man diost once drowne al the world except eight persons, and afterward of thy great mercie diost

diost promise neuer to de-
stroy it so againe: we hum-
bly beseech thee, that al-
though we for our iniqui-
ties haue worthily deser-
ued this plague of raine &
waters, yet vpon our true
repentance, thou wilt send
vs such weather, whereby
we may receiue the fruites
of the earth in due season, &
learne both by thy punish-
ment to amend our liues,
and for thy clemencie, to
giue thee praise and glory,
through

through Iesus Christe our Lord, Amen.

A praier of Chrysostome.

ALmightie God, which hast giuen vs grace at this time, with one accord, to make our cõmon supplicatiõs vnto thee, & dost promise, that whẽ two or three be gathered together in thy name, thou wilt grãt their requests: fulfil now, O Lord the desires and petitions of thy seruants, as may bee most expedient for them, graun-

graunting vs in this worlde knowledge of thy truth, & in the worlde to come, life euerlasting. Amen.

The blessing.

The peace of God, which passeth al vnderstãding, keepe our heartes & minds in the knowledge & loue of God, & of his sonne Iesus Christ our lord. And ỹ blessing of God almighty, the father, the sonne, & the holy Ghost, be among vs and remaine w̃ vs alwaies, Amẽ

Euening praier.

Vnuerte vs (GOD our Sauiour) & turne away thy wrath from vs.

O god make speede to saue vs:

O Lord make haste to helpe vs.

Glory be to the father, &c.

As it was in the begin. &c.

Praise wee the Lord.

Prayses be giuen to god.

Psalmes

PSALMES.

THy clemencie, mercy, & blessing, O mighty god we crave & require of thee most instantly: O let thy countenance shine vpon vs, that here in earth, we may finde out the way which leadeth vnto thee, & make vs to attaine saluation among the gentils.

O that all the peo[ple] woulde confesse thee, [and] leuing harts, for thy [ma]nifold benefits and p[rai]ses

that they haue receiued at thy hands, which with iustice doest gouerne mē, and art their leader vpon the earth.

Powre downe, O Lord, vpō vs thy continual blessing & goodnesse, and then shall the earth yeelde vnto thee glory and praise, and vnto vs fruites for meat.

O God the Father blesse vs, O God the sonne blesse vs, O God the holy Ghost blesse vs;

O blessed and glorious Trinity, graunt vs thy continuall blessing.

THe Lord shall defende mee vnder his wings, and I shall be safe vnder his feathers, his faithfulnesse and truech shal be my shield and buckler.

Lorde I call vpon thee, haste thee vnto mee and consider my voice, when I cry vnto thee.

Let my prayer ascende

vp to thee as the incense, & let ỳ lifting vp of my hands be an euening sacrifice.

Keepe me Lorde as the apple of thine eye, hyde me vnder the shadowe of thy wings, from the vngodly that trouble mee.

Keepe my soule, O Lord, let me not be confounded, because I haue put my trust in thee.

Bow downe thine eare O Lorde & heare mee, preserue thou my soule, my

God

God saue thy seruante that putteth his trust in thee.

Bee mercifull vnto me, O Lord: for I will cal daily vpon thee.

Comfort the soule of thy seruant: for vnto thee, O Lorde doe I lift my soule, for thou art good and gracious, & of great mercy to al them that call vpon thee.

Giue eare, Lorde, vnto my prayer, and poulder the voice of my humble desires: for thou art great, and doest

wonderous thinges, thou art God alone.

For great is thy mercie towards me, and thou hast deliuered my soule from the nethermost Hell.

Thou Lord God, ful of compassion & mercy, long suffering, plētious in goodnesse and truth, turne thee vnto mee, and haue mercie vpon me.

Hearken vnto my voice, O Lord, when I cry vnto thee, haue mercy vpon me, and

and heare me.

O hide not thy face from me, nor cast away thy seruant in displeasure.

Be my succour, O Lord: leaue me not, neither forsake me O God of my saluation.

O looke thou vpon me, and be mercifull vnto mee, as thou vsest to doe vnto those that loue thy name.

I will lay me downe in peace, and take my rest: for it is thou Lord onely, that ma-

wonderous thinges, thou art God alone.

For great is thy mercie towards me, and thou hast deliuered my soule from the nethermost Hell.

Thou Lord God, ful of compassion & mercy, long suffering, plētious in goodnesse and truth, turne thee vnto mee, and haue mercie vpon me.

Hearken vnto my voice, O Lord, when I cry vnto thee, haue mercy vpon me, and

and heare me.

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Be my succour, O Lord: leaue me not, neither forsake me O God of my saluation.

O looke thou vpon me, and be mercifull vnto mee, as thou vsest to doe vnto those that loue thy name.

I will lay me downe in peace, and take my rest: for it is thou Lord onely, that ma-

makest me dwell in safety.

Lighten mine eyes, O Lord, that I sleepe not in death.

I haue set God alwaies before me: for hee is on my right hande, therefore shal I not fall.

Therefore my hearte was glad, and my glorie reioyced, my flesh also shall rest in hope through Iesus Christ our Lorde and Sauiour.

O Ly merciful God, graunt mee to couet, with an ardent minde, those things which may please thee, to read the Scriptures diligently, to search them wisely, to knowe them truelie, and to fulfil them perfectly to the laude and glorie of thy name.

Ouer my liuing so, that I may doe that which thou requirest of mee, and giue me grace that I may know it, and haue will and power

to

to doe it, ſo that I may obtaine thoſe things which be moſt conuenient for my ſoule.

Good Lorde, make my way ſure and ſtraighte to thee, ſo that I fall not betweene proſperity and aduerſitie; but that in proſperous things I may giue thee thankes, and in aduerſity be patient, ſo that I be not lift vp wᵗ the one, nor oppreſſed with the other.

And that I may reioyce

in

in nothing, but that which moueth mee to thee; nor to be sorie for any thing but those things which make mee from thee, desiring to please no bodie, nor fearing to displease any beside thee.

Lorde, let all worldly thinges be vile vnto me in respect of thee, let mee not be merie with the ioy that is without thee, and let me desire nothing beside thee: let that labour delight mee

which

which is for thee, and let al the rest weary me which is not in thee.

Make me to lift my hart oftentimes vnto thee, and when I fall, make me to thinke on thee, and be sory, with a stedfast purpose of amendment, and grace frō thee to performe the same.

O my God, make mee humble without fayning, merry without lightnesse, sad without vnthriftinesse, true without doublenesse, fea-

ring

ring thee without desperation, trusting in thee without presumption, telling my neighbors faults without dissimulation, teaching them with wordes and examples, without mockings, obedient without arguing, patient without grudging, & pure without corruption.

My moste louing Lorde and god, giue mee a waking hart, that no enuious thought withdraw mee frō thee

thee, let it be so strong, that noe bnwoꝛthie affection dꝛaw me backward, so sta-ble, that no tribulation dꝛeade it: so free, that no e-lection by violēce make a-nyꝛhalenge to it.

My Lord, graunt me wit to knowe thee, diligence to seeke thee, conuersation to please thee, & finally hope to imbꝛace thee. Graunte this, oh most mercifull fa-ther, foꝛ the pꝛetious bloud sake of that immaculate

Lambe

Lamb our onely Sauiour Iesus Christe. To whome with thee & the holy Ghost, three persons and one God bee all honour and glorie, world without end, Amen.

A thankesgiuing.

BLessed be thou O Lord God of our fathers, for thou art praise and honour worthy, and to be magnified for euer.

Blessed be the glory of thy

holy name, for it is worthy to be praised, and aboue all to be magnified for euer.

Blessed art thou, O Father, Sonne, & holy Ghost: for thou art worthy to bee praised, and aboue all to be magnified for euer.

Blessed art thou in the firmament of heauen, for thou art praise-worthie for euer.

O giue thanks vnto the Lord, all creatures, for he is kinde harted and mer-

ciful

cifull, yea his mercy indureth for euer.

O praise him and giue him thankes, for his mercie endureth for euer, and world without end.

The Creede.

I Beleeue in God the Father almightie, maker of heauen and earth, &c.

Lord haue mercy vpon vs.
Christ haue mercy vpon vs.
Lord haue mercy vpon vs.

Our Father which art in heauen, &c.

And lead vs not into temptation.

But deliuer vs from euil, Amē.

The Versicle.

O Lord deale not wᵗ vs after our sinnes.

The Answere.

Neither reward vs after our iniquities.

Visit we beseech thee, O Lord, this our dwelling and

and driue from it all assaultes of our enemies: let thy holy Angel dwel in it, which may keepe vs al this night in thy peace, and euer let thy blessing bee vpon vs. Grãt this O mercifull father, for thy dearelie beloued Sonnes sake, Iesus Christ, who liueth & raigneth with thee and the holy Ghost, one God worlde without end, So be it.

THE RIGHT VSE of this GARDEN is *to obserue these sentences.*

A Aske with a sure fayth.

G Giue almes to the poore.
O Obey God and the Prince.
D Doe well to all men.
L Loue God, and hate vice.
Y Yeelde to trueth.

G Giue God the glorie.
A Auenge not thy cause.
R Remember thy ende.
D Defende the truth.
E Enuie no man.
N Neuer cease from well doing.

The confession of a sinner, to be said euery day, and at all times.

O God and merciful father, be merciful vnto me, for many be the enemies that fight dayly against mee. O God most highest, I come here prostrate in heart, confessing my abhominable wickednesse in thought, word and deede, all my life long, wherein I haue offended

thy maiesty, the which thou knowest where they were done, and when: the number of them are innumerable. O father the remembrance of them is grieuous vnto my heart: for they are against me, in thy sight, as the sand in the Sea, or as the motes in the sunne, the which cannot be numbred. O father they are so odious, detestable, & grieuous vnto my heart, that without the hope of thy greate mer-

mercy powred on me in the death, and bloude of thy deare sonne my Sauiour Jesus Christe in faith, I should vtterly fall into desperation, and bee damned for euer in Hel fire; so little helpe is there in mee or in any other creature.

But this is my hope, O father, that thou wilt giue me the grace of true repentance, and thē I trust thou wilt graunte vnto mee moste sinfull wretch of

all wretches, the forgiue-
nesse of all my sinnes, and
to release mee from all the
terrible pangs due for the
same. O father now forasl-
much as thou hast taught
vs to pray, and aske, and
thou wilt giue; knocke, and
thou wilt open: I beseech
thee O Father, graunt me
from henceforth a conti-
nuall and perfect faith and
hope onely in thee, & in thy
Sonne Jesus Christ, and
that I may say, O God the

Fa-

Father, haue mercie vpon mee, O God the Sonne, haue mercie vpon mee, O God the holy Ghost, haue mercy vpon mee, O glorious and blessed Trinitie, three persons and one God, haue mercy vpon mee, and forgiue me all my sinnes & wickednesse, that I haue committed or done, since I came into this miserable world, vntill this present houre, and euer hereafter. O father, I wretched creature

ture moſt humbly beſeech thee from henceforth, to be my defender againſt all mine enemies, the Deuill, the worlde and the fleſhe: graunte this O deare Father, for the death and paſſion of thy deare and onely Sonne, our Sauiour Ieſus Chriſte our Lorde: to whome with thee and the holy Ghoſt, bee all honour and praiſe, for euer and euer, worlde without ende, Amen.

For

For the Sunday a Morning Praier.

I Render vnto thee O heauenly father most hartie thanks by thy deare Sonne Iesus Christ, that this night past thou hast vouchsafed of thy Fatherly goodnesse, to preserue me from all euil, and to giue my bodie rest and sleepe. I now most entirely beseech thee, that as thou hast raised vp this my body from sleepe, so likewise thou

thou wilt deliuer my mind from the sleep of sinne, and from the darkenesse of this world: that I walking in ỹ light of thy blessed word may onely doe that is pleasant in thy sight, profitable to my neighbor, & healthful to my soule, Amen.

A praier for the forgiuenesse of sinnes.

O My Lorde, and onely Sauiour Iesus Christ, which camest into this world

world, to take away ỳ heauie burthens of them that were laden, to seeke that was lost, to call sinners vnto repentance, to giue euerlasting life to the faithfull, and to bee a mediator betweene God the father and vs: I poor wretched sinner from the very hart lament and inwardly bewaile my sinfull and wretched life, desiring thee, for thy promise sake according to thy mercifull wont, to bee my media-

mediatour and aduocate, vnto God the father, that he may forgiue me al mine olde sins, and so wholly possesse my hearte by his blessed spirit, that he may defend me against all perils to come, which the Diuell, the worlde, or the flesh imagineth against me; and so chaunge mee into a new man, that mine olde sinnes being wiped away in thy pretious bloude, I may walke from vertue to vertue.

tue, vnto the glory & praise of his blessed name. Amen.

A praier vnto God the father.

Thy dearly beloued Sonne (O most louing father) taught vs in his holy gospel ꝙ to know thee to bee the alone true GOD, is euerlasting life: graunt therefore wee beseech thee, that we may truely know thee, euen as wee are taught by thy holy

word, beleeue with the hart, and confesse with the mouth, that thou alone art ỹ true liuing and immortall God our heauenly Father, our maker, our preserver, and our defender: that we thur beleeuing and confessing, may through thy sonne Christ, become heirs of euerlasting life. And as we thus beleeue & confesse of thee, so giue vs grace to shewe forth this our faith by godly conuersation and ver-

vertuous liuing, that men seeing our good workes, may glorifie thee our heauenly father: to whom bee praise for euer. Amen.

A praier vnto God the Sonne.

O Lord Jesu Christ, son of the liuing God, yea very God himselfe, begotten of God the father from euerlasting, and cõtinuing true and immortall God, worlde without ende: by

thee all things were made, both in heauen and earth, by thee also they be conserued & kept in a goodly order: thou art the brightnes of thy fathers glory, thou art the very Image of his substance, in thee are hid al the treasures of wisedome and knowledge, in thee dwelleth all fulnes, by thee are wee reconciled to God ỹ Father, by thee wee are set at peace with him, through thy blood shed vpon

on the Crosse, by thee haue we free accesse vnto the glorious throne of thy father, & by thee (through faith) are wee brought into this grace, wherein wee stand, & reioyce in hope of the glory of God. For the which wee thanke thee, and most humbly beseech thee to giue vs grace faithfully to beliene in thee, & stedfastly to confesse thee to bee true God & man, earnestly acknowledging thee our alone

redeemer, Sauiour, Satisfier, Reconciler, Intercessour, Mediatour, and Aduocate: that we altogether depending on thee and thy merites, on thy blessed passion, pretious death and glorious resurrection, may study, through thy grace, so to order our life in true holinesse and innocencie, that at ỳ day of iudgement thou maiest present vs both bodie and soule vnto thy heauenly father, & so for euer

and

& euer place vs in thy glorious kingdome, Amen.

Vnto God the holy Ghost.

O Holy & blessed spirit, which being true and euerlasting God, with God the father, and God the son, proceeding from them both full of maiestie and power, which also with thy heauenly breath quickenest the mindes of them, that afore were dead through sinne,

makest merry the hearts of the faithful penitent, bringest into the way of trueth all such as were in errour, comfortest ẏ soules of them that hunger & thirst after righteousnesse, and plentiously enrichest them with diuers giftes, which pray vnto thee in the name of Iesus Christ: Purifie our heartes, we beseech thee, wᵗ the fire of thy loue, mortifie in vs whatsoeuer is not thine, renewe and garnishe

our

our mindes with thy heauenly benefits and spirituall giftes, that they may be made thy temples: lead vs into al necessary truth, suffer vs not to be carried about, wᵗ diuers & strãge doctrines, but alwaies to remaine in that doctrine, whereof thou alone art the Author. Arme our soules against the craftie assaults of subtile Sathan, against the vaine pleasures of the wicked world, and against

gainſt the leude luſtes of ỳ filthie fleſh: that we being repleniſhed with thy holy breath, may doe that onely which is acceptable in thy godly ſight, Amen.

For Monday a Morning prayer.

O Moſt louing & gentle God, I thanke thee for the ſweete ſleepe and comfortable reſt that thou haſt giuen mee, this night: and for as much

much as thou hast commanded by thy holy word, that no man shoulde bee idle, but alwaies occupied in vertuous exercises, euery man according to his calling: I most humbly beseech thee, that thine eyes may attend vpon me, daily defend me, in sorrow succour me, cherish, comfort & gouerne all my counselles, studies, and labors, in such wise, that I may so spend this day, according to thy

most

most blessed will, without hurting of my neighbour, ỳ I may diligently & warily eschew and auoid al things that should displease thee, set thee alwais before mine eies, and liue in thy feare & euer worke that I may be found cõtinẽt, pure of liuing, temperate, and acceptable before thy diuine Maiesty, vnto the prayse of thy most holy and blessed name, thorough Iesus christ our lord and Sauiour, Amen.

For

For Tuesday a Morning Prayer.

Seeing that thou, O heauenly father, art that one and alone Almightie God, which art in euery place, beholdest the counsels, deuises, and workes, yea the very thoughts of all men, and giuest to euerie one accor-ding to their neede: I most humbly beseeche thee, that forasmuch as thou hast moste graciously preserued

me

me this night, I may not spend this day after mine owne minde and pleasure, which is alway euill and wicked, but earnestly loke vpon and diligētly follow thy fatherly will, thy euerlasting counsel, thy healthfull worde, and pleasure, which is alwaies good, perfect, and holy, and fulfil the same with good will: that thy diuine name may alwaies bee sanctified both now and euermore of vs

miserable sinners, through thy dearely beloued sonne Jesus Christ, our Lord and Sauiour, Amen.

A Morning praier for Wednesday.

ALL possible thankes, that I am able, I render vnto thee, O Lord Jesus Christ, for that thou hast willed this night past to be prosperous vnto me: I beseech thee likewise to prosper all this same day

day vnto mee, for thy glorie, and for the health of my soule, & that thou which art the true lighte, not knowing any going downe, and which art the Sunne eternall, giuing life, foode and gladnes vnto all thinges, vouchsafe to shine into my minde, that I may not any where stumble to fall into any sinne, but may through thy good guiding and conducting, come to the life euerlasting.

For

For Thursday, a Morning Praier.

O Lord Iesu Christ, vnto whome, and before whome, all things are manifest and plaine, which sufferest not a sparrowe to light on the grounde without thy prouidence, and which in times past by thy holy Spirit didst guide our forefathers, Abraham, Isaac and Iacob, in thy pathes and waies: and against the going of ỹ yong

Tobie into a strange countrie, diddest prouide thy angell and messenger, to bee his guide, graunt mee this daie most wretched sinner, whome by thy worde thou doest incourage to cal upon thee in all time of need and necessitie, that I may haue thy holy spirit, to direct my paths and waies this daie, that I maie walke according to thy godlie will and pleasure, profit of my neighbour, & glorie of thy name

which

which liuest and raignest
woꝛld without end. Amen.

For Fridaie a Morning praier.

Mercifull Loꝛde God and heauēlie Father, I render most high lauds, pꝛaise, and thankes vnto thee, that thou hast pꝛeserued mee both this night and all the time and daies of my life hitherto vnder thy pꝛotection and hast suffered mee

to liue vnto this present houre. I beseech thee hartily that thou wilt vouchsafe to receiue mee this day and the residue of my whole life from henceforth into thy tuition, ruling and gouerning me with thy holy Spirite, that al manner darknes of misbeliefe, infidelitie, carnall lustes, and affectiõs may be vtterly chased and driuen out of my heart, and that I may bee iustified and saued, both bodie

die & soule, through a right and a perfect faith, and so walke in the light of thy most godly trueth, to thy glorie & praise, and to the profite and furtherance of my neighbour, through Jesus Christ our Lorde and Saviour, Amen.

For Saturday a morning Praier.

O Heauenly Father, which like a diligente watchman,

attendest alwaies vppon thy faithfull people, whether they wake or sleepe, & mightilie defendest them, not onely from Sathan that old enemie of mankind, but also from al other their aduersaries, so that through thy godly power, they bee harmeleſſe preſerued: I most hartily thanke thee, that it hath pleaſed thy goodneſſe to take care of me thy vnprofitable ſeruãt this night paſt, that thou

hast

haſt both ſafely kept mee from all mine enemies, and alſo giuen me ſweet ſleepe vnto the greate comfoꝛte of my bodie. I moſt entirely beſeech thee moſt merciful and ſweet Father, to ſhewe the like kindnes towardes me this daie, in pꝛeſeruing my bodie and ſoule; that as my enemies maie haue no powꝛe ouer mee, ſo I likewiſe maie neither thinke, bꝛeath, ſpeake, noꝛ doe anie thing that maie be diſplea-

saunt to thy fatherly goodnes, dangerous to my soul, or hurtful to my neighbour: but that all mine enterprises may bee agreeable vnto thy most blessed will, which is alwaie good and godlie, dooing that may aduance thy glorie, answere to my vocation, and profit to my neighbour, whom I ought to loue as my selfe: that whensoeuer thou callest me frō this vale of misery, I may be found the childe

not

not of darknes, but of light, and so for euer raigne with thee in glory, which art the true and euerlasting light: to whome with thy dearely beloued sonne Iesus Christ our onely Sauiour, and the holy Ghost, that most sweet comforter, bee all honour and glory, Amen.

A generall Morning Praier.

O Almighty God our heauenly father, I confesse

felle that I am a miserable and a wretched sinner, and haue manifold waies most grieuouslie trãsgressed thy most godlie and blessed cõmandements through wicked thoughtes, vngodlie lustes, sinneful wordes and deeds, all my whole life. In sinne was I borne and conceiued, and there is no goodnesse in mee, in so much as if thou shouldest enter into thy narrowe iudgemente with mee iud-

ging

ging me ouerboue vnto ȳ
same, I were not able to
suffer or abide it, but must
needes perish and be dam-
ned for euer: So little help,
comfort, or succour is there
in me, or in any other sinne-
full creature. Onelie this is
my comforte, O heauenlie
Father, that thou didst not
spare thine owne beloued
Sonne, but didst giue him
vp vnto ȳ most bitter, most
vile, and slanderous death
of the Crosse for me, that

hee

bee might pay the ransome of my sinnes, satisfie thy iudgement, stil and pacifie thy wrath, reconcile me vnto thee again, and purchase me thy grace & fauour, and euerlasting life. Wherfore through the merites of his most bitter Passion, & thorough his innocent bloudshedding, I beseech thee O heauenly father, that thou wilt vouchsafe to be gratious and mercifull vnto me, to forgiue and pardon mee

all

all my sinnes, to lighten my heart with thy holy spirite, to renewe, confirme, and strengthen mee with a right and perfect faith, and to enflame mee in loue towards thee and my neighbour, that I may henceforth, with a willing and a glad hearte, walke as it becommeth mee, in thy most godly and blessed commaundementes, and so glorifie and praise thee euerlastingly, and also that I

may

may with a free confidence and a quiet heart in al maner of tentations, afflictions or necessities, and euen in the very pangs of death, trie boldlie and faithfullie vnto thee & say: I beleeue in God the father almightie maker of heauen and earth, and in Iesus Christ his onely sonne our Lord, &c. But O Lord God heauēlie father, to comfort my selfe in afflictions and temptations with these Articles of the

Christi-

Christian faith, it is not in my power: for faith is thy gift. And forasmuch as thou wilt bee praied vnto and called vpon for it, I come vnto thee to praie and beeseech thee, both for that & for all my other necessities, euē as thy dearely beloued Sonne our Sauioure Iesus hath him selfe taughte vs, and from the very bottome of my hart I crie, and saie: O our father which art in heauen, hallowed be thy

name

name, thy kingdome come &c.

A generall confession vnto God daily to be said.

O Most mercifull Lorde God, & most tender and deare Father, vouchsafe I heartily beseeche thee, to looke downe with thy Fatherly eies of pity vpon me most vile and wicked sinner, whiche lie here prostrate in heart before the feete of thy bottomelesse mer-

cie.

cie. O father insomuch that I am no more worthie to be called thy sonne, yet neuertheleſſe for as much as thou art the God & Father of all comfort, and againe deſireſt not the death of a ſinner, but like a true Samaritane, takeſt thought for my ſeely woũded ſoule: make mee I pray thee, by infunding thy pretious Dyle of comforte into my woundes, ioyfully to runne with the loſt Sonne into

the lap of thine euerlasting pitie. For loe, thou art my hope and trust, in whome I onely repose my selfe, hauing in thee full confidēce and faith, & may say with a very faithful hart, trusting in thy mercie: I beleeue in thee O God the Father, in thee O God the sonne, & in thee O God ỳ holy ghost, three persons, one true and euerlasting God, besides whom I acknowledg none other God in heauē aboue, nor

nor in earth beneath. Yea, and I poore sinner do accuse my selfe vnto thee deare Father, that I haue sore and grieuously offended thy almightie goodnes and maiestie, in the cõmitting of mine exceeding, greeuous, and manifolde sinnes and wickednes: for I haue not kepte the leaste of thy most godly and blessed commandements, like as thy righteousnesse may require and demaunde the

came of me, I haue (I say) not honoured thee like my god, nor dread thee like my Lorde, loued thee like my father, trusted in thee like my Creator, & my sauiour.

Thy holy and dreadfull name, unto whom al glory and honor belongeth, haue I vsed in vaine. I followed the greate Prince of this world, Sathan, which hath been a liar from the beginning, in concupiscence of the flesh, in pryde of liuing,

in

in lying, in couetousnesse, in gluttonie, in hatred, in ennie, in backbiting, in despaire, and in all misbeliefe. But in what maner soeuer that I haue offended and sinned against thy eternall Maiestie (for no man knoweth throughlie his sinnes, as thy Prophet witnesseth) whether it hath beene by day or else by night, yea euen from my childehoode vnto this daie, were it in workes,

wordes thoughtes, secretly or openly, O my mercifull God, I am sorie for it euen from the very bottom of my hearte: howbeit in token of greate repentaunce though all hearts be knowen well enough vnto thee, I doe knocke and strike my breast, and say in bitternes of heart and soul, Lord God and father haue mercie. Lord God and Sonne haue mercie. Lorde God & holie Ghoste haue mercie.

Spare

Spare me of thine infinite mercie, deare Lorde, now and all the daies of my life, & let me haue part of thine abounda̅t grace, so as I may change my sinnefull life, and put off me the olde man with all his concupiscence, and also that I may die vnto the worlde, and that the worlde may be vnto me a crosse, and so goe forth in a newe life. Strengthen me O Lord in a true humble heart, in perfect loue,

hope and truſt in thee. Giue my ſoule grace, only to delight, to reioyce, and repoſe my ſelfe in thee, and that I may vtterlie renounce and forſake the vaine affiaunce of this worlde, ſo that thou maieſt find me readie with the good ſeruāt, in the midnight of death, which ſhall ſuddenlie ſteale vpon mee, like a thief, ere I be aware. Be thou to mee at all time of neede, O Lord, a tower of ſtrength, a place of refuge

sage and a defensible God, namelie against the face of the fiende, who like a roaring Lion shall bee then most readie to deuour mee: and against desperation, which then shall bee bulke to grieue me. Let then thy comforte cleaue fast vnto mee, thy mercie keepe mee, and thy grace guide mee. Fetch thou againe, Lorde God Father, that which thy puissante might hath shapen. Fetch thou againe

Lord

Lord good sonne, the which thou hast so wisely gouerned & bought with thy pretious bloode.

Take againe then, Lord God holy ghost, that which thou hast kept and preserued so louingly in this region of sinne and vale of miserie, three persons and one verie God: vnto whome be praise and honour for euer and euer, Amen.

A praier vnto God the Father.

Dm-

O Omnipotent and merciful God, the Father eternal, which doest not despise a sinner bewailing with a contrite hart for offending thy high Maiestie, I pray thee by thy grace to draw me neere vnto thee, to heare my prayers, and to forgiue me my offences, to comfort me in my afflictions: and forgiue Lord them that oppresse mee, and let my ghostlie enemie haue no power to deuoure me, as he de-

desireth, but that I may strōgly withstād the fraude and snares, to my comfort, that I may die in thy true faith, and rest with thee in thy everlasting kingdome. Amen.

An intercession and prayer vnto our sauiour Iesus Christ.

O Most mercifull Jesu, my sweet Sauiour & most gratious Lord God, I thank thee highlie for that thou

thou hast created & made
mee of nought, and for thy
manifold benefits & graces
that thou hast giuen vnto
me here in this worlde, be-
fore many other, not onelie
preseruing me from all vile
and loathsom sickneſſe, frō
shame and manye misfor-
tunes, but also giuing to
me, most vnworthy, manie
good, great & excellēt gifts.
All which gifts, most sweet
Jesus, I vnfeinedly, and
knowledge meekely, come

of

of thy goodnes onelie, and nothing of my deseruing: Wherefore most mightie Lorde God my Creatour, my redeemer & most merciful sauiour Jesus Christ, which when we were lost, thou boughtest and redeemedst vs againe with thine owne most precious blood haue mercie on mee most vnworthy wretch, which haue commited and done many great sinnes and trespasses against thy merciful

ctfull goodnesse, and haue
misspent thy giftes of grace
that thou so louingly didst
giue mee, and so vngently
behaued my selfe too thee,
that surely I am much vn-
worthy to bee called thy
sonne: yet most benigne
Jesu, thou art so bountiful,
of thy mercy and pity, that
notwithstanding mine vn-
kindnes towards thee, yet
during my life, I will put
al my whole trust and con-
fidence in thy mercie. For
thou

thou commandest (I wote) to crie & cal vpon thee, that thou thereby mightest haue occasiõ to giue vnto vs thy most gratious gifts: wherfore most gratious Iesu, sith thou forsakest no sinner, but gladly receiuest to thy mercy, al them that wil meekely call for it: giue me euer grace to dreade thee, loue thee, and to serue thee with all my hart and mind, with all my will and reason, with all my might, power

wer and ſtrength of body & ſoule: and graunt mee (good Lord) that of all my acts & deeds done to thy will and pleaſure, I may render all the honour and praiſings vnto thee, as to whome of verie duetye it belongeth. Now I beſeech thee, gracious Lord, of thine infinite mercie, let all my miſſpent life, in time paſt, bee forgotten before thee, that I haue conſumed and ſpente very euill: & ſend me good

Lord perseuerance of vertuous liuing, that I may now from henceforth order my life here in this worlde, to thy pleasure: First, with contrition to make a pure and clean confession. Also my sweet Sauiour, grant mee time and space, that I may receiue thy blessed body and bloud vnder the forme of breade, & wine, to my comfort, ere I depart out of this world, in cleane life, for y comfort and

and saluation of my sinfull soule. And most mercifull Lord Jesus, I pray thee to preserue mee, from sodaine death, & send mee my right minde at my departing, with stedfast faith, and verie true hope, and feruent charity. And most sweete Lord Jesus Christ, giue me now thy mercifull aide & grace to pursue and followe alwaies thy will and commaundements, and so to eschue mine owne leaile will

and desires, and the deuils false inticements, so that in thy sight I may appear to be (as I am named) thy Sonne, and a true Christian man, and after this present life I may come to the sight of thy most glorious face in heauen, Amen.

We worship thee O Christ,
With praise and benediction.
For thou redeem'dst the world
Thorough thy blessed passion.

An-

¶ Another prayer vnto our Sauiour Iesus Christ, called *Conditor cœli.*

O Thou maker of heauen and earth, King of kings, & Lord of Lordes, which of nothing didst make mee to thy image and likenesse, and didst redeeme me with thine owne precious bloud, whome I, a sinner, am not worthy to name, neither with my hearte to thinke vpon, humbly I desire thee and meekly pray thee, that

gently thou doe behold me thy wicked seruaunte, and haue mercy on mee, which hadst mercie on the woman of Canaan and Marie Magdalene, which didst forgiue the Publican and the theefe hanging on the crosse. Unto thee I cõfesse, most holy father, my sinnes, which if I would, I cannot hide from thee. Haue mercy on me O Christ, for I wretch haue sore offended thee, in pride, in couetousnesse, in glutto-

ny

nie, in leacherie, in vaine-glozie, in hatred, in enuy, in aduiterie, in ſpozting, in diſſolute & wanton laugh-ing, in idle wozdes, in hea-ring, in taſting, in touching in thinking, in ſleeping, in wozking, and all waies in which I fraile man, and moſte wzetched ſinner, might ſinne. Therefoze I moſt humbly pzay and be-ſeech thy gentleneſs, which foz my health deſcendedſt from heauen, which diddſt

help vp Dauid that he shold not fall into sinne, haue mercy on vs O Christ, the which didst forgiue Peter that did forsake thee. Thou art my Creator and helper, my maker, my redeemer, my gouernor, my Father, my Lorde, my God, and my King. Thou art my hope, my trust, my defender, my helpe, my strength, my defence, my redemption, my life, my health, and my resurrection. Thou art my sted-

stedfastnesse, my refuge for succor, my light and helpe: I most humbly and hartily desire and pray thee, helpe mee, defend mee, make mee strong & comfort mee, make me stedfast, make mee merrie, giue mee light, & visite me, receiue me again which am dead, for I am thy making, & thy worke, O Lord despise me not: I am thy seruant, thy bondman, although euill, although vnworthy and a sinner. But what

whatsoeuer I am, whether I be good or bad, I am euer thine: therefore to whome shal I fly, except I fly vnto thee? if thou cast me off, who shall or will receiue mee? If thou despise me, & turne thy face from me, who shall looke vpon me, & recognize me? If I bee vile and vncleane, thou canst make me cleane. If I bee sicke, thou canst heale me: if I be dead and buried, thou canst reuiue me: for thy mercie is

much

much more than mine iniquities, thou canst forgiue more then I can offende. Therefore O Lorde, doe not consider, nor haue respect to the number of my sinnes: but according to the greatnesse of thy mercie, forgiue mee, and haue mercie on mee most wretched sinner. Say vnto my soule I am thy health. O bee not angry with mee, I praye thee, most meeke father: for thy great mercie, I moste hum-

humbly beseech thee, that thou bring me to the blisse that never shall cease, Amen.

¶ A prayer necessarie to bee said at all times.

O Bountifull Jesu, Oh sweet Saviour, O Christ the sonne of God, have pitie vpon me, mercifully beare mee, and despise not my prayers: thou hast created mee of nothing, thou hast redeemed me from the bon-

bondage of ſinne, death, and hell, neither with gold, nor ſiluer, but with thy moſt precious bodie once offered vpon the Croſſe, and thine owne bloud ſhedde once for all, for my ranſome: therefore caſt me not away, whō thou by thy great wiſdome haſt made: deſpiſe mee not whome thou haſt redeemed with ſuch a precious treaſure, nor let my wickednes deſtroy ẏ which thy goodneſſe hath builded. Now

while

while I liue, O Iesus haue mercie vpon me, for if I die out of thy fauour, it wil be too late afterwarde to call for thy mercy: whileſt I haue time to repent, looke vpon me with thy merciful eyes, as thou didſt vouchſafe to looke vpõ Peter thine Apoſtle: ỏ I may bewaile my ſinfull life, and obtaine thy fauour, and die therein. I reknowledge, that if thou ſhouldeſt deale with me according to very iuſtice, I haue

haue deserued euerlasting death. Therfore I appeale to thy high throne of mercie, trusting to obtain gods fauor not for my merits, but for thy mercies, O Jesu, who hast giuen thy selfe an acceptable sacrifice to thy Father, to appease his wrath, and to bring al sinners (truely repenting and amending their euill life) into his fauour againe. Accept mee, O Lord, among the nunmber of them that

shall

shall be saued: forgiue mee my sinnes, giue mee grace to lead a godly & innocente life, graunt me thy heauenly wisedome, inspire my heart with faith, hope, and charitie, giue mee grace to bee humble in prosperitie, patient in aduersitie, obedient to my rulers, faithful vnto them that trust mee, dealing truly with al men, to liue chastly in wedlocke, to abhorre adultery, fornication, & all vncleanenesse,

to doe good after my power vnto all men, to hurte no man, that thy name maye be glorified in mee during this present life, and that I afterward may obtaine euerlasting life, through thy mercie, and the merites of thy passion. Amen.

A Prayer of *Manasses*, king of *Iuda*.

O Lord almightie God of our fathers Abraham, Isaac, and Iacob, and of the iust seede of them, which

hast made heauen & earth with all the ornamentes therof, which hast ordained the sea by the word of thy commaundements, which hast shut vp the deepe, and hast sealed it for thy fearefull & laudable name dreaded of all men & honorable before ỹ face of thy power. Thy fierce anger of threatning is aboue measure heauie to sinners, but the mercie of thy promise is greate and vnsearchable: for thou

art

art the Lord GOD, most high aboue all the earth, long suffering, and exceeding mercifull, and sory for the malice of men. I haue prouoked thine anger, and haue done euil before thee, in committing abhominations, and multiplying of offences. And now I bowe the knees of my heart, requiring goodnesse of thee. O Lorde I haue sinned, Lorde I haue sinned, and know my wickednesse: I

desire thee by praier, O Lord forgiue mee, O Lorde forgiue me, and destroy me not for mine iniquities, neither doe thou alwaies remember mine euils to punish them, but saue mee (which am vnworthy) after thy great mercie, and I wil praise thee euerlastingly all the daies of my life: for al the powers of heauen praise thee, and to thee belongeth glory world without end. Amen.

¶ A deuout praier to our Lord God.

O Lord, which hast vouchsafed of thine vnspeakable goodnesse to make me and ordaine mee thy creature to liue in this transitory life, giuing mee a reasonable soule, by the which I know thee to be my lord, my God, and my maker, which I may wel perceiue by the visible sight of thy wonderfull workes, as by heauen, the earth, and the

creatures in them contai-
ned, with the commodities
that wee daily receiue by
them at thy hande, which
declareth the great loue ẏ
thou hadst in our first crea-
tion, and they do expresse &
declare to vs, thee to bee
onely God & Lord ouer all,
& that there is none aboue
thee: also that there is no
wisedome, knowledge, po-
wer or strength of value be-
sides thee: yea also thou
knowing our necessarie
need

neede of thy helpe, of thy moſt louing gentlenes, haſt not diſdained to ſay to mee and to all other by thyne owne moſt bleſſed woꝛd, to ỹ great comfoꝛt of al mankinde, Aſke and it ſhall bee giuen: Seeke and yee ſhall finde: Knocke and it ſhall bee opened vnto you. Furthermoꝛe, moſt familiarly thou haſt ſaide, if wee that bee euill can giue vnto our childꝛen when they aſke, good things: howe much

more then shal our heauenly Father giue his holie spirit to them that earnestly desire it? O most comfortable saying? O most blessed Lorde, I wretched sinner doe aske at thy hand mercie and grace, & do confesse me to be the most wicked & abhominable sinner in thy sight, most weak of al other to stand in thy truth, most fraile to fall and to breake thy holy commaundements, by the keeping of

which

which wee are knowne to be thy true seruants, and by nothing else. O most mercifull Lord God, I knowledge my selfe dailye to breake the same: but where I haue thus offended thy diuine Maiestie, I humbly aske of thee mercie and forgiuenesse, being in will neuer hereafter to offende in the same. And Lorde for the sure performance of the same, I humbly aske & desire thy strength to make mee

me to ſtande ſure in faith, thy knowledge to worke thy bleſſed wil, thy power to reſiſt all errours and wicked imaginations, thy wiſedome to know the truth: for I confeſſe and knowe (O Lord) that all worldlye witte, policie, knowledge & ſtrength, is but fooliſhneſſe in thy ſight. Therefore I aſke and continually craue (good Lord) thy helpe, and moſt humbly deſire that thy holy ſpirite may guide and

and rule all the imaginations, thoughts, and desires of my hearte, so that it may be thy spirituall heart, and not my fleshly heart: for ý most perfect amongst men (lacking thy wisdome) shal not bee regarded. For the thoughts of mortall men are miserable, and our forecastes are vncertaine. And why? this corruptible bodie is so heauie to my soule, ý it keepeth down my vnderstanding, that it museth

most on vaine things. And therefore (good Lord) I beseech thee comfort my sicke soule, that it may walke in thy lawes and waies, & worke thy will. And Lord like as thou knowest the secrets of the heart, and the desires of the same, & that I woulde most earnestlye walke in thy truth, and worke the workes of the same truethly: so Lord, I beseech thee refresh my soule according to thy mercifull cal-

calling, where thou sayest: Come to mee all that labour and are loaden, (and lowlie of heart) and you shall finde rest to your soules, and I shall refresh you. O Lord, I miserable sinner, labour in acceptable waies, my good will & desire swarueth not from thee, but is bent towardes thee: and like as thou knowest the same to be vnfained, so Lord refresh mee with thy mercifull grace, that I may bee stedfast

fast in thy true faith, and that I may be alwaies obedient vnto thy Lawes and commaundements, & that I may neuer swarue from the holy & most blessed ordinances of thy Catholique Church, but that I may vse them, receiue them, and honor thee in them, according vnto thy most holy will and pleasure, as in things that thou hast left to declare thy loue vnto vs, and to assure our hope, & to exercise our faith

faith, that it should not bee idle nor wauering: for all things are possible to thee, thaugh they seeme neuer so vnpossible to vs. O most louing father, I know that by my sins I am not worthy thy blessed comforte: but Lord thou hast said, that at what houre soeuer a sinner doth repent him of his sins, thou wouldest no more remember them, & also thou wouldest not despise ỹ sighing of a cõtrite hart, which ma-

maketh me bold to truſt in thy mercy, and meekely to call vpon thee, for grace & helpe in this troubleſome time of temptation, and trying of our faith. I am as one loaden with ignorance, not knowing the height of thy high myſteries, nor the deceiptful deepneſſe of the craftie & ſubtill argumentes and perſwaſions of my ghoſtlie enemies which daily do aſſaulte my ſimple ſoule, and ſo burthen

theneth the same that it can finde no rest. Therfore (O Lord) like as thou knowest my will and hartie desire is to serue thee, and to liue and die in thy perfect faith: so Lord, I beseech thee, neuer suffer the subtill perswasions cõtrarie to thy trueth, to take place or roote in my heart: But like, Lord, as thou hast created my heart, and giuen me a will to order the same: so lord I most meek-

ly yeeld the same again into thy hands, desiring thee by thy holy spirit, so to direct my waies, words, and workes, that they may bee acceptable in thy sight. And Lord suffer not my soule to perish, which thou haste so dearely boughte with thy most precious blood: for the which great mercie sake haue mercie on me, & make me poore in spirit & lowe of heart, and content with my vocation, submitting mee wholly

wholly into thy handes, so that my desire may bee to thy will & pleasure, so that I may haue no other trust but onely in thee which art all trust it selfe, & none besides thee: & grãt my poore soule rest in thee, for thou hast said, they shal neuer be confounded that put their trust in thee: which trusts Lord grãt me neuer to forsake, for any vaine trust or temptation, or tribulation, that may happen to vexe

my poore soule: but graunt mee thy holy spirit to comfort and defend me from al things that would procure thy displeasure: As thou art in Trinity one God and Lord ouer all, which liuest and raignest in the worlde of worlds, to whome be all honour, glorie, and praise, for euer, Amen.

A prayer that we may haue the feare of God before our eyes in all our doings.

O Almightie and euerlasting GOD, thy holy worde teacheth vs ý thou art not only a Father, but also a Lorde, not onely a forgiuer, but also a reuenger, not onely a sauiour, but also a iudge: And as thou being a father, a forgiuer, a sauiour, doest pardon and shew mercy, so thou being Lorde, a reuenger, a Iudge, punishest and condemnest. Neither doth thy holy scripture onely set forth vnto vs a

Gospell, which comforteth vs, quickneth vs, sheweth vs merrie tidings, forgiueth our sins and quieteth our consciences, and bringeth vnto vs euerlasting life: but also a lawe which reproueth, accuseth, condemneth vs, woundeth and slaieth our conscience, yea & throweth vs downe headlong into the deepe dungeon of hell. And as thy holy Gospell liueth vs vp, and maketh vs merrie with the

hope

hope of remission and forgiuenesse of our sinnes: so doth the lawe pluck vs downe, and almost driue vs into desperation, for feare of thy plagues and euerlasting punishments: so that we may not onely loue thee as a Father, a forgiuer, a sauiour, but also feare thee as a Lord, a reuenger, a Iudge. Forasmuch therefore (O most gentle sauior and most righteous Iudge) as nothing doth so mighti-

ly put away sinne, & make vs to walke in the way of thy commaundements, as reuerētly to feare thee and to stād in awe of thy iudgement and heauie displeasure: we most entirely pray thee to giue vs that feare which thou requirest of vs in holy scripture, & wherunto thou hast promised so many large and bountious benefits: that wee may not onely loue thee, as a Sauiour, & honour thee, as a Father

ther, but also reuerẽce thee as a Lord, and feare thee as a iudge. O Lord, al things are open to thy eyes, neither is any thing hid from thee, which seest the verie secrets and most inwarde thoughtes of our heartes: giue vs therfore grace, that in al our enterprises, wee euer set thy feare before our eyes, and so stand in awe of thee, and of thy righteous iudgementes, that wee accepte nothing, where-

wherewith we should pro-
uoke thy heauy displeasure
against vs, but to walke in
thy feare, and in thy ordi-
nances, that we may at all
times loue thee as a Saui-
our, honour thee as a Fa-
ther, reuerence thee as a
Lord, and feare thee as a
Iudge: so shall it come to
passe, that wee, reuerently
fearing thee as a child doth
his father, shal not onely a-
uoid al such euils as might
make thee our heauie Lord

and

& fierce iudge, but also embrace those vertues which shall both euidētly declare our faithfull loue, true honour, vnfeigned reuerence, and humble feare towardes thee, & that thou wilt be our louing father, & most mercifull sauiour: through Iesus Christ our Lord, Amen.

A Praier called AVE REX.

Haile heauenly king, father of mercie, our life, our

our ſweetnes, our hope: All haile vnto thee doe we crie, which are the baniſhed chil dr̃ of Eue: vnto thee doe we ſigh, weeping and wailing in the vale of lamentation. Come off therefore our Aduocate, caſt vpon vs thoſe mercifull eyes of thine, and after this our baniſhment, ſhewe to vs the glorious light of thy heauenly kingdome. O mercifull, O holy, O ſweete Sauiour, in all our troubles and heauineſſe

nesse. O Jesus our health and glorie, succour vs, Amen.

A prayer for all Christians.

O Almightie, euerlasting God, & most gratious deare louing Father, I beseech thee for Jesus christs sake, thy most deare and only sonne, to haue mercy, pitty and compassion vpon me most vile, wretched and miserable sinner, whose innume-

numerable offences, both olde and new, be most horrible, grieuous and greate, wherethrough I haue iustlye deserued thy grieuous wrath & euerlasting damnatiō. But now, good Lord, here I doe appeale to thy greate mercie only, which farre surmounteth all thy workes: and thou hast promised the same in thy holy and infallible word, where thou hast said, yea & sworn, as truly as thou liuest, that

thou

thou wouldst not the death of a sinner, but rather that he should conuert & liue. O deare Lord, I confesse that I am a great and grieuous sinner, and yet now by thy grace, and good working of thy holy spirite, something turned vnto thee. O let me liue, and not die the euerlasting death of my soule, which I haue so deeply deserued: but make me a vessel of thy great mercy, that I may liue and praise thy name

name against thy chosen children for euer. O let not my horrible sinnes separate mee from the sweete sighte of thy maiestie: but let thy great power and mercy be magnified in mee, as it was in Dauid, in Peter, in M. Magdalen, and in that notable theefe which was crucified with Christ thy deare sonne: in whose most precious death and bloudshedding onely, Lord, I put my whole trust & confidence

dence

vere. For he only hath take away the sins of the world, he came not to condemne ỳ world, but to saue it, that none which truly beleeue in him should perish, but haue life euerlasting: he saith, he came not to call the righteous, but sinners to repentance. O gratious God, giue mee true, hartie, earnest and vnfained repentaunce, that I may from the very bottome of my heart continually lament

my manyfold sinnes, and wickednesse, my great ingratitude and vnthankfulnesse towards thee, for all thy mercifull benefits, so abundantly powred vpon me through Iesus Christe: who wouldest vouchsafe, hee being thine owne onely deare beloued Sonne, in whom was and is all thy whole pleasure & delight, to giue him for me to the very death of the crosse, yea and that when I was thine vt-

ter

ter enemie, of mercy inestimable, and loue incomprehensible: who euer sawe such a thing? God became man and was crucified for me, that by his death I might liue. Alas, that euer I should become so wicked a wretch, and so vnkinde a creature to displease so louing, kind, and mercifull a God and father! O forgiue mee, forgiue mee, for thy great mercies sake, for thy trueth, & promise sake: and

I wil neuer treſpas again againſt thy diuine maieſtie any more, but will gladlie ſerue thee in true holineſſe and righteouſneſſe all the daies of my life, by the grace and aſſiſtance of thy good and holy Spirite: the which I beſeech thee to giue mee alſo, that hee may gouerne mee, and guide my heart in thy true faith, feare and loue, that in all my works, words, & thoughtes I may gloriſie thy holie name,

name, which liuest & raignest one God in three persons: to whom bee all honor, glorie, praise, thanks, power, rule, and dominion, for euer and euer, Amen.

A praier for the obtaining of a godly life.

O heauenly father, God almightie, maker of heauen and earth, and all things contained in them, I beseech thee, ý thou wilt vouchsafe of thy goodnes, to

direct, sanctifie, and keepe my heart and body, my senses, my doing, my talke and communication, in thy holy lawes, and in the workes of thy commaundementes: & that thy holy Angel may be with mee, to direct my feete into the way of peace, trueth, and health, that I may deserue to bee whole, safe and free, in thee and by thee, both heere and in the world to come. Thou that art ỳ Sauiour of the world

and

and King of glorie, heare me, and saue me, which liuest and raignest God in perfect vnitie, world without end, Amen.

A Fruitfull meditation not to be said with the mouth lightly, but to becryed with heart and mind oft and mightily.

O Most excellent goodnesse, withdrawe not thy mercie. O most mightie maker, despise not thy

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worde. O moſt pꝛudent redeemer, ſuffer not to periſh the pꝛice of thy redemption. O moſt gentle, ghoſtly and heauenly hoaſt and ſauiour, puriſie, ſaue, dꝛeſſe and keepe thy houſe and dwelling place, the which thou ſanctifiedſt and dedicatedſt to thee in the ſacrament of Baptiſme. O moſt bleſſed Ieſu, O moſt charitable Ieſu, O moſt ſweete Ieſu, O moſte bountious Ieſu, O moſt excellent Ieſu,

ſu, O moſt glorious Jeſu, O moſt innocent Jeſu, O moſt mercifull Jeſu, O moſt meeke Jeſu, O moſt louing Jeſu, O moſt deare Jeſu haue mercie on mee. Whē ſhal I loue thee? whē ſhal I be ſorie & cōtrite for my ſin? when ſhall I turne to thee by grace? whē ſhal I remember thy benefits, thy meekeneſſe, thy pouertie, thy painful & bitter paſſiō, thy patience, thy obedience thy loue and thy charitie?

When

Wherfhall I ſanctify, wor-
ſhip, magnifie, & loue har-
tily thee, thy ſaincts, and
thy feaſtes, that is to ſaie,
thine incarnation, reſur-
rection, and aſcenſion, and
ſuch other, with due reue-
rence & deuotion? If thou
be moſt dreadful, where is
my dread, O Jeſu? If thou
be my moſt louing Father,
where is my loue? If thou
be my Lord and redeemer,
where is my ſeruice? If
thou be mine hoaſt, & dwell
in

in my soule by thy grace & mercie, where is charitie & cleannes according to such an boast? If thou be the life of Saintes, and faireneſſe & beautie of Angelles, where is my thinking? Nowe therefore good Lord Jesu Christ, wounde my harte with thy most holy wouñds, moist my minde with thy most precious bloode; that whither soeuer I turne mee, I may beholde aboue me thee crucified: and whē-

so-

soeuer I see it, it may appeare to mee ruddy with thy most holy blood: that thus beholding thee, I may fixe my sight on nothing but onely on thee, which liuest & raignest God, world without end, Amen.

Before the receiuing of the Communion, say this.

O Lord, although I bee not worthie to receiue thee into the house of my soule, for mine innumerable

ble offences & sinnes done against thy great godnesse: yet trusting (good Lord) in thy great pittie and infinit mercie, I come to receiue thy blessed bodie, as a sicke creature, to thee that art the health & life; vncleane, to thee that art the well of mercie; blinde by ignorance, to thee that art the light euerlasting; needy of grace and poore in vertue, to thee that art the king of heauen and earth: naked

of

of good woꝛks, to thee that art the authoꝛ of grace: I come as a wꝛetch, to thee my Loꝛd and maker: al desolate and comfoꝛtlesse, to thee my helpe and succour: foꝛ besides thee there is no consolation. I come as a sinner, to thee that art the mediatour and meane betweene God and man. I come as a catyfe, to thee my most mercifull sauiour: I come all sinfull, to thee the graunter of remissiō & pardon:

pardon: dead by ſinne, to thee the reſtorer of life: euil, to thee that art al goodnes: hard harted, to be relieued by the infuſion of thy ſuperabounbant grace: deſiring thee meekely to heale mine infirmitie and ſickeneſſe, to waſhe away my ſinne and filthines, to lighten my blindnes, to reduce me to the right way, when I am out thereof, to comfort mee deſolate of goodneſſe. Haue mercie on my wret-

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wretchednesse, pardon my sinfulnesse, giue mee the light of grace thus buried in sin, that I may receiue thee the food of Angels, the King of glorie, ỹ Lord of al Lords, with such pureneſſe of bodie, with such pureneſſe & cleanneſſe of soule, with such contrition of hart & abondãce of weeping teares, with such spirituall ioye and gladneſſe, with such dread and reuerence, with such faith, hope, and charitie

tie, with such obedience & humilitie, with such loue, deuotion, faithfulnesse and thankefulnesse, as it is beseeming for such a Lord to be receiued, and to my soules most expedient. And bee not displeased, good Lord, that I a sinner with an vncleane heart, and polluted minde, come hither this day to receiue thy pretious bodie in Sacramentall bread and wine, but remember, mercifull Lord,

that thou refuſedſt not the ſinfull Magdalen, being penitēt, from the kiſſing of thy bleſſed feete. And likewiſe deſpiſe me not, ne put thou mee away, as vnworthy, from the receiuing of thy body in the bleſſed Sacrament, for my ſinnes and vnkindneſſe: but graunte thou me, in compunction of hearte, plenty of weeping teares to waſhe my ſinnes and wickedneſſe, ſo that with a pure heart & cleane con-

conſcience, I may this day receiue the Sacrament to my ſoules health, that I may obtaine and poſſeſſe therby euerlaſting life, with al the holy Saints in heauens glorie, and in this preſent life with thy holie Spirit to be repleniſhed, & neuer to admit other louer beſides thee. Graunt mee, bleſſed Ieſu, ſo to receiue that Sacrament of breade and wine, that I may bee worthie to bee accounted

for a member of thy mysti-
call bodie heere in earth:
and though as yet I be not
worthie to be numbred a-
mong the simplest and low-
est of thy seruants, but ra-
ther to be reiect & cast out
for my sinfulnesse: yet good
Lord for thine infinite po-
wer, thou maiest make mee
equall and like to the me-
rits of thine elect and cho-
sen seruants. Come thou
Father of fatherlesse, come
comfort of cõfortlesse, come
and

and cleanse my soule from all contagiousnes of sinne: for it is not conuenient and according, there to be any vncleannesse, where thou the spouse of virginall chastitie shouldest come in and dwell. Come & apparel my soule with such ornaments of vertue and grace, that it may delight thee therein to abide. And as thou disdainedst not to touch the sore Lepers with thy holie handes, so good Lorde,

vouchsafe to annointe my sinfull soule with the ointment of remission and pardon: that in this life by stedfast hope, firme faith, and perfect charity, I may so increase in vertue from day to day, that I may attaine to the glorious fruition of thy godhead, in the kingdom of heauen, where I may see thee face to face, world without end,

Amen.

After

After the receiuing of the Communion, say thus;

I Thanke thee, good lord, of thine infinite goodnes that thou this day hast fed me with thy body & blood in the Sacrament, desiring thee meekly, that this Sacrament which I haue receiued, may be to me a purgation and cleansing of my sinnes, fortitude and spirituall strength against my frailtie, a sure defence a-

gainſt worldly troubles & aduerſities, a purchaſing of grace and pardon, a medicine of life, and a continual remembrance of thy bleſſed paſſion, ſo that in the way it may conduct and guide mee, and when I am out of the way, it may reduce me: when I ſtumble, it may vphold me: when I am fallen, it may raiſe mee: ſo that, by good cõtinuance in thy wil, to euerlaſting glory it may bring mee, and ſo

to

to order the feeling and taſt of my heart, that I neuer feele other ſweetneſſe but thee, that I neuer ſeeke other louer but thee, nor none other comfort beſides thee, ſo that I care for none other delight but thee, ſo that I care for none other honour but thine. But giue mee ſuch a perfect loue towards thee, where-with I may come to as great merit in heauen, as though I had ſpent all my life

life-daies in the remembrance of thy blessed passion: and gratiouslie deliuerance from al tribulation of bodie and soule, captiuitie, anguish, and perils, and all Christian people, Amen.

A godly praier to bee saide by all women at their purification or churching, & at all times after.

O Almightie and mercifull Father, which, of thy bountious goodnesse, hast

hast made my womb fruitfull, and of thy gratious blessing hast created in me a reasonable creature, I most hartilie thanke thee not onelie for thy gratious gift, but also for that thou hast at all times since I conceiued, preserued mee from all perils both of soule and bodie, and so moderated all my nippes, pinches, sorrowes, and pangs, that I haue hitherto right well escaped them. I knowledge

(O lord) that iustly for our transgression of thy commaundements, thou saidst to the first woman, and in her to vs all, I wil increase thy sorrow when thou art with child, with paine shalt thou bring foorth thy children. All our paines therefore that wee suffer in this behalf, are none other thing but a worthy crosse and punishment laide vpon vs by thy ordinance: to the which with heart and minde I hum-

humbly ſubmit mee, truſting ſurely and beingfully perſwaded in my faith, that thou calleſt none vnto perill and daunger, but both thou canſt and wilt at conuenient time deliuer them. Thou moſt gratious God haſt commaunded vs, in al our troubles, to call vpon thee for ayde and helpe, and not onely haſt commaunded vs, but alſo of thy mercifull goodneſſe, haſt promiſed vs good deliuerance,

uerance, saying: Call vpon mee in the day of tribulatiõ, & I wil deliuer thee. O good Lord, how greatlie do these words comfort my heart, and sustaine my seelie soule! Who woulde not greatly reioyce, that knoweth certainlie almightie God to bee present with him in his trouble? Saith not God thus of al vs that are his people? Before they call (saith hee) I shall answere them: while they are

yet

yet but thinking howe to speake, I shall heare them: yea, I am with them in their trouble, out of the which I will deliuer them. What comfortable lord is this? Hee is more readie to helpe, than wee to call for helpe: hee is more readie to giue grace, than we to aske it. There was neuer one yet that faithfully asked grace of this Lord, but he had it. Aske (saith Christ, and yee shall haue. Euerie one that as-

asketh, hath. Whatsoeuer you shall aske my Father in my name, he shall giue it vnto you. Our Sauiour Christ saith this, and hee is God: and shall I not hearken to my Lord Gods commaundement, and promise? verily I will sticke surely vnto it: for sure I am, that sooner shall heauen & earth perish, than Gods promise bee vnperformed. For albeit euery man naturally is a lyer and a deceiuer, yet is

is God alwaies true & iuſt in al his wordes and promiſes. I will therefore make my ſuite vnto him (whom I need not goe farre to ſeeke: for hee is euerie where preſent with his elect, and as the holy Scripture ſaith, He is nigh vnto al that cal vpon him faithfully) and thus will ſay vnto him; Father of mercy and God of all comfort and conſolation, I thy poore handmaiden, humbly beſeech thee

for Christ Jesus sake, and in his blessed & holie name, that thou wilt vouchsafe to forgiue me all my sinnes & trespasses, wherin I haue heeretofore offended thy godly maiestie, either in thought, consent, delectation, word, or deed; and that thou wilt hereafter, during my life, mercifully preserue mee from the transgression of thy commaundementes, and dailie increase in mee perfect repentance for my sinnes

ſinnes, a ſure purpoſe of amendment of my life, and a diligent ſtudie to walke in thy commandements. Increaſe in mee alſo a liuelie faith, a ſure hope, and an ardent & burning charity: ingraffe in mee humblenes of heart, meekenes of mind, cleanneſſe of conſcience. Grant that I may be wiſe, ſad, ſober, diſcreet, circumſpect, and wel aduiſed in al my ſayings and doings, & that I may ſtrongly ouer-

come all the temptations of mine enemies, the diuel, the world, and the flesh, & that whether I be sleeping waking, eating, drinking, or whatsoeuer I doe, all may bee to thine honour & glory.

Graunt also that I may humbly reuerence, & faithfully loue my husband, and be obedient to al his honest lawful and godly requests: and chiefly of all, graunte mee (O Lord) that I may feare

feare and dread thee: for well assured I am, that looke how high the heauen is in comparison of the earth, so great is Gods mercy towardes them that feare him. Looke how wide the East is from the West, so farre hath hee set our sinnes from vs: yea, like as a Father pittieth his owne children, euen so is the Lord mercifull to them that feare him. And as touching my deliuerãce of this

my burthen, and thy gratious giftes. I am right wel assured, that vnlesse thou hadst prospered my trauell, all womens helpe, and all Physicke had beene in vaine: but my full trust is, that like as thou hast created this child in me, & didest breath into it the Spirite of life: so at such time as it seemed most meete to thy godlie maiesty, thou, as thou couldest best, didest mercifully prosper ỳ child-

birth

birth and my deliuerance. In consideration whereof, I humbly beseech thee of thy fatherly pitie to streng then me alwaies in all such dangerous labour and trauell, & so sustaine mee, that I may patiently beare all my sorrowes and pangues: and, according to thy promise, sucker mee not to bee tempted aboue my strēgth, but in the middest of my temptation, make a way for me to come out, that I

may heare it. Increase in me faith (O most mercifull sauiour Christ) that I may constātly beleeue thy word which saist, Ye shall be sorrowfull, but your sorrowe shal bee turned into ioy. A woman when shee trauelleth hath sorrowe, for her houre is come: but when she is deliuered of the child, she thinketh no more of the anguish, for ioy that a man is borne into the worlde. I beseech thee therefore, in that

that daungerous time of my trauel, grant mee speedie deliueraunce and ioyful beholding of my childe: that I beeing a mother may render vnto thee honour, laud, and thankes for thine aboundant mercie, and gratious gifts and benefits. And finally, aboue al things I beseech thy gratious goodnes to endue my childe with grace, that it may be one of the number of thine elect, baptised and re-

regenerate in ỹ holy ghost, that at the yeers of discretion it may learne to know thee, & knowing thee may trust surely in thy mercie, trusting in thy mercie may hartily loue thee: louing thee, may feare to displease thee: fearing to displease thee, may walke and continue in the obedience of thy commandements, and so to attaine thy euerlasting ioy and felicity, through our Lord Iesus Christ, who

who liueth and raigneth with thee & the holy Ghost world without end, Amen.

Praiers of the passion of our Sauiour Christ.

Blessed be the Father, and the Sonne, and the holy Ghost.

Let vs praise him, and exalt him, world without end, Amen.

ALmighty GOD, our heauenly Father, thy mercie and goodnesse is infinite, & without measure. It is thy mercy, & no goodnes

nes that was in vs, which mooued thee to send, into this worlde, thine onely begotten eternall Sonne to take our nature vpon him, and therein to worke the mystery of our redemption and saluation according as thou hadst appointed, and hadst spoken before by the mouthes of all thy Prophetes which were from the beginning. Also it was thy blessed will, thy mercy & goodnes towards vs

vs that thy heauenly ſonne did ſuffer perſecutiõ, trouble, and aduerſity: betraied of his owne friend and diſciple Iudas, was traiterouſly taken and carried away, falſly accuſed, and vniuſtly condemned, cruelly beaten and ſcourged, and finally with moſt ſcorneful rebukes, put to the moſt painefull and ſhamefull death, that could be deuiſed. All this, O heauenly Father, was done through thy

thy mercie and blessed will for our sakes, not onelie to answere, and satisfie thy iust wrath & anger which we haue deserued, both for the offences of our first parents, and yet daylie do deserue by transgressing thy holy commandements: but also to restore vs againe into thy grace and fauour, to indue vs with thy heauenly gifts, that we might serue thee in holinesse and righteousnesse all the daies

of

of our life: and finallie, to make vs by the free benefit of thy dearelie beloued sons Passion, and the price of his most pretious blood, partners with him of his infinite and vnspeakeable glory and blisse in heauen. Wherefore O heauenly father, we beseech thee, poure vpon vs thine holie spirite, and make vs in our hearts clearely to see, & most stedfastly to beleeue this thine infinite gracious goodnesse shew-

shewed and giuen vnto vs by thine owne Sonne our Sauiour Iesu Christ: and with this beliefe make vs to put all our confidence & hope of saluation in him, whom thou hast appointed to be our onely redeemer & sauiour. Make vs alwaies to render vnto thee most humble and harty thankes for thine incomprehensible mercy and goodnesse towards vs. Finally, make vs to possesse the death of thy

thy dearely beloued ſonne, in renouncing and forſaking all ſinne, that we may plainely appeare to riſe with him in newneſſe of life, in righteouſneſſe, innocencie, and all true holineſſe, and after this life, to raigne with him in euerlaſting glorie. Heare vs our heauenlie Father for our Lorde Jeſus Chriſtes ſake, Amen.

Another.

ALmighty God our heauenly father, we beseech thy gracious goodnes, that likewise as thy onely begotten and dearely beloued Sonne our Sauiour Iesus Christ, according to his blessed will, suffered willingly death and bitter passion for our redemptiō and saluation, hauing thereof foresight & certaine knowledge: So in like maner, whensoeuer it shall be thy pleasure to lay like crosses and

& afflictions vpō our backs, that we may also willingly & patiently beare them, to the true triall of our faith against the latter day, and to euerlasting glory. Heare vs our heauenly father, for our Lord Iesus Christes sake, Amen.

Another.

O Our Sauiour and redeemer Iesus Christ, which in thy last Supper with thine Apostles, didst

consecrate thy blessed body and bloud vnder the forme of bread and wine: Graunte vs we beseech thee, euer stedfastly to beleeue, and kindly to acknowledge thy infinite and almightie power, thy incomprehensible loue towards vs, and that we may alwayes worthily receiue the same blessed sacrament, according to thy holy ordinance: that thereby we may obtain increase of all godlines, in vnitie of

spirit

ſpirit with thee our head, and (by thee and thy ſpirit) with all the companie of them that be truely thine, which be thy ſpirituall and myſticall body, and our ſpirituall and Chriſtian brethren. Heare vs O. our Sauiour Chriſt, for thy mercy ſake.

A praier before yee goe to bed.

O Lord which art onely good, true, gratious, &

mercifull, which commandest them that loue thy name, to cast feare and care from them, and to cast it vpon thee, promising most mercifullie, thy selfe to be their protectour from their enemies, their refuge in danger, their gouernour in the day, their light in darknesse, and their watchman in the night also; neither to sleepe, but to watch continuallie for the preseruing of thy faithful: I beseech thee

of

of thy bountifull goodnesse (O Lord, to forgiue wherin I haue offended thee this daie, & to receiue me vnder thy protection this nighte, that I maie rest in quietnesse both of bodie & soule. Graunt mine eies to sleep, but let mine hearte watch perpetually vnto thee, that the weakenesse of my flesh cause me not to offend thee. Lorde let mee at all times feele thy goodnesse toward me, that I be at all times

ſtirred to praiſe thee. Late and earelie, & at midday let thy praiſes be in my mouth and at midnight. Lord, inſtruct me in thy iudgementes, that all the courſe of my life being led in holineſſe and puritie, I may be inducted at the laſt into thy euerlaſting reſt, which thou haſt promiſed in thy mercie to them that obey thy worde (O Lord): to whom be honour, praiſe, & glorie, both now and for euer,

euer, world without ende, Amen.

A godly praier, to desire the life to come.

THis my body is the verie darke and filthy prison of my soule, this world is an exile and a banishment, this life is care and miserie: but where thou art O Lord, there is the very countrey of libertie, and euerlasting blessednesse.

Stirre our minds now & then

then to remember so great felicitie, powre into our heartes a desire of such pre-tious things, & of al things most to bee desired. Giue quietnesse to our mind, and grant that wee maie haue some taste of euerlasting ioies, whereby these things of the world may seeme filthy, & be loathsom vnto vs, which wee seeke for so earnestly & so greedily, and re-ceiue so surelie, that we maie refuse and despise these bit-

ter

ter and filthie things, and most feruentlie desire the sweetnes of thy familiaritie, in the which all goodnesse is contained. To thee be glorie for euer, Amen.

A praier to bee said by them that are at the departure of any Christian mā or woman.

O Lorde God Almightie the Father, the Sonne, and the holie Ghoste, three persons and one onlie God the

the Lord of life, and the destroier of death, with whō to be is life, and from whō to be is death, who as a louing father, merciful redeemer, and friendly caller to repentance, hast nowe visited with the scourge of sickneſſe, thy most sinfull sonne, yea thy spotted seruāt and a grieuous sinner, W.H. to cause him to know himselfe, and to confesse his wickednes, & so to come to thee at this thy calling to knowe

know thee, and only to cry and call vpon thee for comfort:

Now, O thou Lorde, whose propertye is euer to haue mercie, and freely to forgiue those that faithfully doe come vnto thee, Wee with heauie heartes now humbly beseech thee, looke downe from heauen with thine accustomed eyes of compassion vpon him.

Cast behinde thy backe his innumerable and grieuous

uous sinnes, throwe them from him as farre as the East is from the West, yea scrape the memorie of them out of thy sight. Quite forget them & freely forgiue thou him, as his only trust is in thee.

O Lord be thou vnto him at his most time of neede a Tower of strength, a place of refuge, and a defensible God, to keepe, strengthen & defend him from the danger of the diuell, now readiest

dieſt to diſquiet and deſtroy him; againſt deſperation, now buſieſt to grieue him; againſt death, now likelieſt to ſtirre him; and againſt hel, now gaping to deuoure him.

O heauenlie father, aide thou now him, helpe him, & eſtabliſh him in thy firme faith and trueth.

Comforte him nowe, O Chriſte, and continue him in the knowledge of thee his onely Sauiour, which art

art nowe (in his extreamnesse) ready to shewe thy selfe vnto him (as a Sauiour) crucified on the crosse to comfort him. Therefore now saue thou him from sin, deliuer thou him from eternall death, hale him frō hell, embrace him, hide him in the holes of thy woundes as thy deare Doue, & beare his manifold sinnes on thy backe. And O holy spirit strengthen thou nowe his weake spirite against Sathan

than that ſtandeth nowe nigh to him, to ſeduce him. Say thou nowe to Sathan, away Sathan, and commaunde thy holie Angelles now to aide him. Let thy comfort cleaue faſt vnto him, thy mercie keepe him, & thy grace guide him, O almighty God, the giuer of all health: and if it bee thy good will to lengthen his daies in this life, to ſpare him for a ſeaſon, to eaſe him of his paines, and ſo to

restore him to his former health, as thou heretofore diddest restore that thy penitēt prince Hezechia, that he therby may once againe visite thy holie Temple, to thy honour and glorie, and the commoditie and comfort of vs thy Christians, wee ioyfullie say, Thy will be done, and not ours.

But if it bee not so thy will, but ý he (according to his daily desire) must now needs depart & go ý way of all

all flesh: then thou O Lord (in whose handes are the hearts of all flesh) arm him (we humbly beseech thee) with thy perpetuall peace, patience, and perfect confidence in thee, increase his faith, helpe his vnbeliefe, anointe him with the oyle of gladnes in thee, ease him of the paines, be thou nigh to him and driue the deuill farre from him, aide him with thy holy Angels, giuing him grace so quietly

to take this thy fatherlie visitation in worth, that in this his paineful life, yea and in the end thereof, hee with perfect memorie and sure trust (commēding himselfe wholly to thee) may in heart ioyfully stil saie, and we his faithfull friends for him, as followeth.

Fetch now again, Lord God Father, into thy holie hands, that which thy puissant might hath shapen, command thy holy Angels now

now to aide him, & safely to bring him to thee: And now place thou him among thy chosen children and blessed heires, in thy eternal kingdom, prepared for thē ỹ are written in the booke of life.

Fetch now againe Lord GOD Sonne, that which thou (of thy meere mercie) hast so wisely gouerned & bought with thy pretious blood: now ioyfully receiue him, & say vnto him, as vnto the patient theefe;

This day thou shalt bee with me in Paradise.

Take againe now, Lord god holy Ghost, that which thou of thy onelie favoure hast lovingly kept and guided in this region of sinne and vale of miserie. And now lovinglie leade thou him with Lazarus to eternall ioy and rest. This graunt him, O holy trinitie, good God almightie, three persons and one very GOD, unto whom be all praise

praise and glorie for euer and euer, Amen.

A praier to be said at the houre of death.

O Lord Iesus, which art the onlie health of all men liuing, and the euerlasting life of them which die in thy faith, I wretched sinner giue & commit my selfe wholly vnto thy most blessed will: And I being sure that the thing cannot perish which is committed

vnto thy mercie, O Lord giue mee grace that willinglie I may leaue this fraile and wicked flesh, in hope of the resurrection, which in better wise shall restore it to mee again. I beseech thee most merciful Lord Jesus Christ, that thou wilte by thy grace make strong my soule against all temptations, and that thou wilt couer and defend mee with thy buckler of mercie against all the

the assaultes of the diuell. I see & acknowledge that there is in my self no hope of saluation, but all my confidence, hope, and trust, is in thy moste mercifull goodnes. I haue no merits nor good workes, which I may alleage before thee: of my sinnes and euill workes (alas) I see a greate heape: but through thy mercy I trust to bee in the number of them, to whome thou wilte not impute

their

their sinnes, but take and accept me for righteous & iust and to bee the inheritour of euerlasting life.

Thou mercifull Lord wast borne for my sake, thou diddest suffer both hunger and thirst for my sake, thou diddest preach and teach, thou didst prate and fast for my sake, thou diddest all good workes and deedes for my sake, thou sufferedst most grieuous paines, and torments for my sake, and finallie

nallie, thou gauest thy most precious bodie to die, and thy bloud to be shed on the crosse for my sake. Now most mercifull Sauiour, let all these things profite me, which thou freely hast giuen mee, that hast giuen thy selfe for mee. Let thy blood cleanse and wash away the spottes and foulenesse of my sinnes, let thy righteousnes hide and couer mine vnrighteousnesse, let the merites of thy passi-

on

on & blood to be a satisfaction for my sinnes. Giue mee Lord thy grace, that my faith of Saluation in thy blood wauer not in me, but euer be firme & constãt; that the hope of thy mercy and life euerlasting neuer decay in mee, that charitie waxe not cold in me, finallye that the weakenesse of my flesche bee not ouercome with feare of death. Grant me mercifull sauiour, that when death hath shut vp

the eies of my bodie, yet that the eies of my soule may still behold and looke vpon thee: that when death hath taken away the vse of my tongue and speech, yet my hearte may crie and say vnto thee, *In manus tuas Domine commendo spiritum meum*: That is to say, O Lorde into thy handes, I giue and commit my soule. *Domine Iesu, accipe spiritũ meum.* Lorde Iesu receiue my soule vnto thee, Amen.

A thankſgiuing vnto God for all his benefits.

WE moſt hartilie thanke thee (O Lord GOD our heauenlie Father) for thy manifold & inestimable benefites which thou haſt giuen vnto vs both for our bodie and ſoule, yea & freely of thine owne goodneſſe without our deſerts. We thanke thee, that it hath pleaſed thee, of thy greate mercie, firſte to create and make vs according to thine

thine owne image & likeneſſe, and to place vs in thy ioyfull Paradiſe, where we ſhould haue continuallie remained in a bleſſed and a quiet ſtate, if through the ſubtil and deceiptfull ſuggeſtions of Sathan our old enemie, we had not tranſgreſſed thy holy commandements. We thanke thee alſo (O moſt gentle father) for thy louing kindneſſe which thou ſhewedſt to vs, when we were all periſhed

and

and lost, through the sinne of our first Father Adam: for when thou mightest iustly haue condemned vs, and cast vs into perpetuall damnation, thou like a Father of singular great loue hadst pittie on vs, and sauedst vs by the death and passion of thy welbeloued Sonne our Lord and Sauiour Iesus Christ, which gaue himselfe a ransome for all our sinnes, and paide a sufficient price by his

his pretious blond for all the wickednesse that we at any time heretofore haue cõmitted through our frailtie & weakenes, so that we repent, beleeue and amend. Neither wast thou contented that he onely should die for our sinnes, but also didst raise him vp againe for our iustification, and to make vs righteous in thy sight.

Moreouer, after that he had shewed himselfe vnfainedlie to his Apostles,

by manifest and euident tokens, certaine times after his resurrection, through the power of the Godhead he ascended vp into heauen perfect D D D and perfect Man, where hee nowe sitteth at thy right hande and maketh intercession for vs, being our onelie mediatour and aduocate: from thence we look for him to come againe at the day of iudgement, not as a cruell iudge to condemne and cast vs away

waye: but as a moſt louing Lord and gentle Sauiour, to carry vs with him into euerlaſting glorie, there world without end to remaine in ſuch ioyes, as eie hath not ſeen, nor eare hath heard, neither yet is anie heart able to thinke. For theſe thy moſt bounteous gifts, and for all other thy benefits which thou dailie giueſt to vs of thy greate mercy, both for our bodie & ſoule, wee hartily thanke

thee moſte gentle & merci-
full father, beſeeching thee
ẏ thou wilt giue vs grace
thꝛough thy holie ſpirite
not to bee vnmindfull, but
to walke woꝛthye of this
thy kindneſſe, and ſo to be-
haue our ſelues al our life-
time in this wꝛetched
woꝛld, accoꝛding to thy ho-
ly will, that at the laſt wee
may be found in the num-
ber of them, to whome thy
onely begotten Sonne ſhal
ſay: Come yee bleſſed of
my

my Father, possesse that kingdome which was prepared for you from the beginning of the world. Lord let it come to passe, Amen.

Certaine prayers to God the father, taken out of S. Augustine.

LOrd my GOD, giue vnto my heart to desire thee: in desiring thee, to seeke thee: in seeking thee, to finde thee:

in finding thee, to loue thee: in louing thee, to make mee free from mine offences: and when I haue redeemed them, no more to commit them again. Giue Lord God, vnto my harte repentance, to my Spirite contrition, to mine eies the fountaine of teares, and to my handes aboundance of giuing of almes. Put out in me, O God my King, the desire of the flesh, & kindle in mee the fire of thy loue:

O my Redeemer, thrust out of me the spirit of pride, and grante mee mercifully thy spirit of humilitie. O God my Sauiour, take away from me the furie of anger, and giue me gently the buckler of patience. O God my creatour, plucke away from me the rancour and poyson of the minde, & giue meekelie the sweetnesse of the soule. Giue me, most gentle Father, stedfast faith, sure hope, & con-

tinual charitie: O God my ruler, turne away from me vanitie, vnconstantnesse of mind, wãtonnesse of the body, lewdnesse of talke, high looking, excesse in filling the bellie, euill speaking of my neighbours, the grieuous sinne of backbiting, ỳ itching of curiosity, the couetousnes of ritches, gredines to rule, desire of vainegloꝛie, the euill of hypocrisie, the vice of flattering, despising of the pooꝛe, oppꝛes-

pressing the weake, vnsatiable auarice, rustie enuie, and deadly blasphemie. ¶ God my maker, cut awaie in me vndecent rashnesse, stubbornnesse, vnquietnes, idlenes, sluggishnesse, sloth of minde, dulnes, blindnes of hart, obstinacy of vnderstanding, cruelnesse of conditions, disobedięce to that which is good, repugning against good counsell, not bridling of my tong, taking the goods of the poore as a prey

prey doing violence to the weake, slaundering the innocent, neglecting my inferiors, too much sharpnes toward mine household, euil affection towardes my friends, and hardnesse vnto my neighbours. O my god, mercy I desire of thee: for thy welbeloued sonnes sake, giue mee the workes of mercy, and the affections of pittie, to suffer with them that be afflicted, to giue counsail to thē which

erre

erre, to help the miſerable, to ſuccour the needy, to cõfort the ſadde, to raiſe vp them that bee oppreſſed, to refreſh the poore, to moane them that weepe, to forgiue my debters, to ſpare them which offend againſt mee, to loue them that hate me, to render good for euill, to deſpiſe no man, but honour all men, to imitate good mẽ and beware of euill men, to imbrace vertue, to reiecte vices, in aduerſitie patience

ence, in prosperitie continencie, the keeping of my mouth, and as it were an hatch before the doze of my lips, to treade vnder foote al earthly things and thirst after heauenly things.

Another.

LOrde, Lorde my fashioner, I haue asked many thinges, and yet haue not deserued a fewe. I confesse, alas I confesse, ý not onely those gifts, which I require bee

be not due vnto mee, but in the stead of them most grieuous punishments: yet doe the Publicans, harlots and theeues comfort me, which being pulled euen in a moment of time out of the iawes of the enemy, are receiued into the bosome of the sheepheard. For thou O God, which art the maker of all things, although thou bee maruellous in all thy workes, yet art thou thought to bee more marnel-

uellous in the woꝛkes of pitie. Wheꝛefoꝛe thou ſaioſt of thy ſelf by one of thy ſeruants, His mercies are aboue all his woꝛkes. And that which thou ſpakeſt as of one, wee belieue thou ſpakeſt of all thy people; I will not vtterly take my mercie awaie from him: foꝛ thou deſpiſeſt no man, thou caſteſt away no man, thou abhoꝛreſt no man, except peraduenture any man madly abhoꝛꝛeth thee, and thou

thou being angrie, strikest not, but giuest also gifts to them which prouoke thee, if they will aske them. O my God, the glorie of my saluation, and my defender, I (vnhappy wretch) haue stirred thee vp, I haue done euill beefore thee, I haue prouoked thy displeasure, I haue deserued thine anger, I haue sinned & thou hast suffered me, I haue offended, and yet thou sustainest mee. If I repent, thou spa-

spareſt me, if I returne to thee, thou receiueſt me; yea and beſides all this, whileſt I defer from time to time, thou tarrieſt for me. Thou calleſt me again wandring from thee, thou biddeſt me come, ſtriuing againſt thee, thou lookeſt for mee, which ſluggiſhlie lye ſtill, thou embraceſt me comming againe, thou teacheſt me being verie ignorant, thou comforteſt mee lamenting, thou raiſeſt mee vp from

ruine

ruine after my fall, thou repairest me, thou giuest vnto mee when I aske, thou art found when I seek thee, and openest when I knock for thee. Loe Lord, thou God of my health, I cannot tell what I shal set against thee, I know not what to answere, there is no place to flie from thee, nor any denne to bee hidden from thee: thou hast shewed vnto mee all the waies to liue well, and hast giuen mee

knowledge how to goe.
Thou haste threatned vnto me hell, thou hast promised me the glory of Paradise. Now O Father of mercie and God of al consolation, strike through my flesh, with thy feare, that with fearing I may escape those things which thou threatnest, and giue mee the comfort of thy saluation, that in beliceuing I may receiue those thinges which thou promisest. O Lorde which art

art my ſtrength, my ſure rocke, my God, my refuge, and my deliuerer, tell mee what I ſhoulde thinke of thee, teach mee with what wordes I ſhould call vpon thee, and the worke wherewith I may pleaſe thee. I knowe one thing wherewith thou art pleaſed, and another which thou deſpiſeſt not. For a broken ſpirit is vnto thee a ſacrifice, and an humble and ſoft hart is accepted vnto thee. O my

God my helper, make mee rich with those giftes, defend me with those munitions against the enemie, giue me this couer from the flames of vices, and spreade abroade this mercifull refuge from ꝑ passions of desire. Graunte Lorde, the strength of my saluation, that I be not of the number of them that beleeue for a time, and in the time of tẽptation shrinke away: be a shadow ouer my heade in the

the day of battell, my hope in the day of affliction, and health in time of tribulation. Lo Lord, my light and my ſaluation, I haue aſked thoſe things which I need, I haue remembred thoſe things which I feare. But my conſcience gnaweth me and the ſecrets of my heart repreheud mee: and that which loue miniſtreth, feare ſcattereth: Zeale prouoketh mee, feare blameth mee: for my deedes bring in

feare, but thy gentlenesse sure trust in thee: thy goodnesse exhorteth mee, my naughtinesse slacketh mee, and to confesse the trueth, the fantasies of vices come vnto memorie, which beateth downe that boldnesse of the minde which doth presume.

FINIS.

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GRACES TO BE said before and after Meales.

Grace before meat.

All things in this world
are nothing else but vanitie:
And great are the number,
that are oppress with miserie.
Be loving therefore vnto them,
and mercy to al showe,
For when y death approacheth neer,
our heads shal lie full lowe.
Then wil it be for you too late,
mercie for to haue,
If that you turne your eies away
when that the poore do craue.
Cease not therefore to do them good
while that you here remaine.
For they are bought with Christs
& that shal be their gain. (bloud
To God alone be laud and praise,
whole children we be all;

Graces.

Thy mercie, Lord is our defence,
now heare vs when we cal.
God saue his Church, &c.

Grace after meat.

OF Dives and Lazarus
the Scripture saieth plaine,
How the one liued in wealth
the other in greate paine.
Dives was well cloathed,
and fared of the best.
But the poore man, for hunger,
could neuer haue rest.
Ful of sores he lay crying
at the gates to be refreshed,
With the crummes of the tabls,
which no man him deliuered.
Thus perished poore Lazarus,
and that for lack of food.
And so did this glutton also,
for all his worldly good.
All yee here present,
remember this right well,

How

Now this miserable man
was buried now in hell.
From the which place of torments
God vs all deliuer,
And grant vs to be mercifull,
while that we liue together.
Then shal we raigne with Lazarus
in ioyes which be incomparable,
By the only blood of Jesus Christ,
whose death to vs is profitable.
Now let vs therfore altogether,
euen with one consent,
Desire God our heauenly Father
our sinnes for to repent,
God saue his Church &c.

Grace before meat.

OUr heauenly father hath pro-
the little birds to feed: (mised
Much more to vs his people
to helpe vs at our need, (dear,
If that we doe his kingdom seeke
and not therin be slacke,

For

Graces.

For if we doe he wil vs beat,
and sometime make vs lacke.
O Lord for thy great mercies sake
graunt vs our petitiõ,
And suffer not thy little flocke
to come vnto confusion,
But shortly them deliuer,
out of their enemies hand:
And whether it be by life or death
in thy truth for to stand.
Now blesse þ these thy onely gifts,
this table throughout,
And of our saluation saiue vp in
of that we haue no doubt. (Christ
O Lord send vs both peace & plenty
if it be thy Godly wil:
That thou with vs & we with thee
may bide in fauour stil.
God saue his Church, &c.

Grace before meate.

THe time commeth saieth ỳ Lord
that a dearth I will send,
Except my people do repent
and

and eeke their liues amend.
And it shall not be the hunger
of bread, drinke, and meate,
But onely to heare the word of god
which most men doe forget.
From ỳ east to ỳ west they shal goe,
with harts full of heauines.
And shall not finde the Lord, because
of their vnthankfulnesse.
Behold here what our sinnes haue done
we must it needes confesse:
And when thy will and pleasure is
Lord send vs a redresse.
And suffer not thy people thus
piteously to perish:
And send to them such heauẽly food
as may their soules nourish.
Now let vs praise thy holy name
with hart, tong and pen.
And ỳ it may shortly come to passe,
all ye heere say Amen.

This

This after Grace.

GOD saue his Church,
and keepe it from thrall,
And blesse our King,
and his subiects all:
That he may long liue,
to his glory and praise,
In vertuous studies,
to spend his dates:
Heere godly to rule
his common wealth,
To the increase of honour,
and his soules health.

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